

Mapping Exercise of Mental Health provision VERSION dated 2 Nov 2011			
Care Clusters 1-16 (psychotic & non Psychotic)			
	<b>Categories</b>	<b>Name of Service</b>	<b>What they do</b>
<b>NON-PSYCHOTIC</b>			
<b>Care Cluster 1 Common Mental Health problems (low severity)</b>			
also apply cluster 2 / 3	Counselling / Therapy	Mothers for Mothers	Counselling and helpline / telephone support for post natal depression Tel 0117 975 6006
		SMILE	Support group for post natal depression in MSN area
		Out of the Blue	The group seeks to provide long-term support to mothers suffering from severe postnatal depression, and to offer opportunities to talk, listen, heal and grow within a sympathetic environment whilst enjoying the friendship and fun that engaging with creative activity brings. Tel 01761 420703
		Off the Record	Drop in available on issues such as housing and homelessness, Relationships and family issues, Welfare, benefits and money, Physical and mental health issues, Drugs and alcohol. Counseling is also available to help you become clearer about your thoughts and feelings and help you find your own solutions. Off the Record provides free counseling for young people between the ages of 10 and 25. Tel 0800 389 5551
		Bath City farm	Horticultural therapy - The Farm run regular volunteer days, as well as events and celebrations for the whole community. Tel 01225 481269
		Bath Mind Greenlinks - allotment project in Bath	Horticultural therapy which brings social, physical and psychological benefits, developing an interest in outdoor activities and nature to making new friends and working as a team member. Tel 01225 316367
		Stowey Bottom farm	Helps people with mental health support needs into work through skills training, increased self-confidence and workplace routine. Provides experience of real, structured work in a safe learning environment, and outdoor, land-based training and work experience. Tel 01275-331426
		Southside Family Project	Independent support for families dealing with long term MH problems / abuse / disabilities etc. Supports families dealing with issues like physical disability, domestic abuse, sexual violence, substance abuse or long-term mental health problems. Tel 01225 331243

		CAT Project	Creative arts therapies which aim to improve the everyday lives of those affected by mental health issues, and their carers. Using Art, Drama, Dance Movement and Music Therapies we work with adults and young people with mental health problems to promote social inclusion, challenge stigma and discrimination and enhance well-being for all. Tel 07815 909975
		Creativity works	Creative community arts service and projects for vulnerable adults Tel 01761 438 852
		Soundwell Music Therapy	Soundwell is a community-based music therapy service working in the field of adult mental health, and with unpaid carers. Tel 01225 862 938
		My Time My Space	Offering arts based learning opportunities supporting women with severe and enduring post-natal depression, emphasising individual development and progression and recovery through a creative process. Tel 01761 438852
		University Counselling Services - Mindmatters	Student Health & Wellbeing (Counselling) Service - a confidential counselling service from professionally qualified counsellors for a wide range of issues Tel 01225 385538 Self Help workbooks also available to help with problems, and the workbooks provide access to the Cognitive Behaviour Therapy (CBT) approach, which uses carefully sequenced series of questions, designed to bring about change in how the person thinks and in what they do in order to improve how they feel.
		Relate	Provides a confidential counselling service for adult couples or individuals with relationship problems, and a family counselling service for all of the family Tel 01225 465 593
		Cruse	Provides counselling and support groups for bereaved people. Counselling one to one - at the office or client's home. Special groups for newly bereaved people, social friendship groups, family groups, Tel 01761 417250
		Focus Counselling	Counselling for abuse, depression, abuse , bereavement etc. A counselling service delivering a professional service and offering clients counselling for as long as they need it. Counselling is person centred. Tel 01225 330096
		117 Project	The 117 Project works with young people aged 11 - 17 years and their parents and carers to find solutions to difficult problems and conflicts. Tel 01225 421686
		IAPT	Improving Access to Psychological Therapies (IAPT) is a service that aims to make psychological therapies more accessible to people facing challenges with their mental health. The IAPT services are particularly focused on providing psychological assistance for people experiencing anxiety and depression and the therapies provided are evidence based. 01225 831310

		Dorothy House Hospice Care	Psychosocial support to adult patients and their families where there is a life limiting illness and who need end of life care. Counselling in pre- and post-bereavement, including children and young people. Tel 01225 721479
		Carers Centre	The Centre provides counselling for carers. Tel 01761 431388
		New Way	couples therapy for domestic violence ???
	Advocacy	Bath Mind Advocacy	Help and support people so that they can communicate their needs and make informed choices about decisions which directly affect the quality of their lives. Carers can also have support from the service 01225 464 656
	Housing related	Julian House	A supported housing projects (10 beds) where clients can adjust to the demands of independent living after the chaos of homelessness, which often involves sleeping rough. Tel 01225 354650
		Solon	Solon is a charitable Housing Association whose primary objective is the provision of rented housing for people in housing need, for single homeless men and women with low to medium support needs - Accommodation and support is offered for up to 2 years Tel 01225 339 742
		Stonham	Housing and support for vulnerable people with a wide range of needs. Staff offer support re: tenancy sustainment, accessing outside agencies, life skills, training, education, employment, move-on etc Tel 01225 464 342
		Somer	Somer owns and manages approx 9,500 rented properties within the Bath and North East Somerset area for both general needs and sheltered housing Tel 01225 366000
		Bath Foyer - Shape	Accessible accommodation, support and personal development opportunities to young people. By providing a package of safe, affordable, supported accommodation with housing support, self development support planning, training, volunteering and employment opportunities they hope to enable young people to take sustained steps to independence. Tel 01225 405 004
		Second Step	Provides supported accommodation in shared projects and self contained cluster flats to people with mental health needs. Also provides an intensive resettlement and tenancy support service to people with mental health needs in independent self contained flats. Tel 0117 909 6630
		Next Link	Provides temporary accommodation to female victims of domestic violence and their children. Provides support, advice and counselling. There are very strict security arrangements for access including a video entry system. MH / dual diagnosis. Tel 01225 466 989

Assessment / treatment / support	Sirona Mental Health Floating Support Service	Social Care support for people with Mental Health problems who are not in residential care, supporting people to live independently. Mental Health Floating Support Service. Team Base: 59, Sedgemoor Road, Foxhill, Bath. Telephone: 01225 83709
	CARS	courts & offender MH assessment
Day Services / Activities / wellbeing	Building Bridges Service (St Mungo's)	The Service will help to improve the experience of people with mental health problems when they access community facilities. It utilises a recovery orientated approach in its work with people who have mental health needs. The service enables people to have more independent and fulfilling lives by positive access to a wide range of opportunities that include social, leisure, sport, health, work, training and volunteering. Tel 01225 427644
	Sirona Building Bridges team	A community development service to support people with mental health problems in the community when they access community facilities. Team Base: 59, Sedgemoor Road, Foxhill, Bath. Telephone: 01225 396033
	BEMSCA	Provides a two day luncheon club for Black and Ethnic Minority (B&EM) Senior Citizens offering activities, information and advice in languages as requested. Tel 01225 464165
	MOSAIC	A social group and one to one support for mental health service users and their carers from all ethnic minority and/or cultural backgrounds. The focus is on social interaction and activities of interest to the group. Tel 01225 316367
	Hay Hill, Bath; Midsomer Norton; Keynsham	Drop in centres supported by the Building Bridges service. Tel 01225 427644
	Creative Writing & Board Games Groups at 13 Abbey Church Yard	Two social groups meet each Friday at the Bath Mind office. Both the creative writing group and the board games group are supported by staff and volunteers from St. Mungo's. Tel 01225 427644
Education / employment / training / skills	Genesis House	Supports and helps people establish themselves in the community, eg furniture restoration workshops. Tel 01225 463549
	Julian House	Social Enterprise where used bikes are repaired by clients and then sold to raise funds. Much of the work at reCYCLEd is carried out by clients under the supervision of staff members. This includes servicing and repairs to machines which are brought in by members of the public. Tel 01225 354650
	Community Learning Service	The Service works with residents, voluntary organisations, community groups and schools to plan new learning opportunities. The overall purpose of the Service is to attract into learning adults aged 19 and over who have low skills and qualifications with the aim of supporting progression into further learning and / or work. Tel 01225 396450

		Sirona Work Devt Service	Assists people with MH problems to keep or gain employment. Work Development Team. Team Base: The Hollies, Midsomer Norton Telephone: 01225 396646
	Befriending	Chew Valley Befrienders	Provides support for individuals and their families affected by mental health problems in the Chew Valley area including Keynsham, through a befriending service. Run by volunteers. Tel 01275 472 798
		Bath Mind Befriending Service	Bath Mind's Befriending Service aims to help by establishing one to one supportive relationships between a trained volunteer and people who are lonely and isolated. Tel 01225 464656
	Information / advice	Saneline	Information and emotional support is provided to anyone affected by mental illness via the helpline, SANEline and by email, via SANEmail. Tel 0845 767 8000 Saneline; email sanemail@sane.org.uk
		Samaritans	Offers a listening service for the despairing, suicidal or those people who are passing through a crisis of whatever type. Offers a confidential and non judgemental service. Tel 01225 429 222
		Wellaware	Well Aware is a free information resource for everyone, which holds a comprehensive database of local health, wellbeing and community resources. www.wellaware.org.uk
		New Routes - Social Prescribing Project	New Routes coordinators help to identify social solutions that may improve the quality of a person's life, their social and emotional wellbeing. This is also known as social prescribing. Refer from GPs. Tel 0117 958 9303
		Bath CAB	Provides free, impartial advice and information on a range of issues. We can help with most everyday problems from employment to housing and debt. Offices in Bath, Keynsham & Midsomer Norton. Tel 0844 848 7919
		We All Win	women's social network, addressing isolation
	Self help groups	Social Anxiety West	Our groups support people with social anxiety by providing social opportunities and self-help information. Whether you want to make new friends, get help with reducing anxiety, be more socially active, increase confidence or just gain a little emotional support, then our group can help. website www.sawest.org/contact to contact group.
		OCD action	OCD (Obsessive-Compulsive Disorder) - support, information and advice. South West Group - Bristol – 12 Step Programme Tel 0790 312 9753
		Triumph over Phobia	Self help therapy groups run by volunteers to help people with a phobia and/or obsessive compulsive disorder (OCD) to overcome their fears. Groups meet weekly in a warm supportive environment. Referrals from medical professionals and self referral. Tel 01225 422 705

		Beat	Beat provides helplines, online support and a network of UK-wide self-help groups to help adults and young people in the UK beat their eating disorders. Beat groups are self help and support groups where attendees support each other by sharing experiences, thoughts, successes and problems. Beat groups do not offer treatment, counselling or therapy. beat Helpline: 0845 634 1414
	Drug and Alcohol Support	SDAS	A specialist drug and alcohol service. This includes counselling, psychological therapies, advice and information for people with alcohol or drug related problems, treatment & support, dual diagnosis. Tel 01225 359 900
		New Highway	Provides free, confidential services for anyone concerned about their own, or someone else's drug use or drinking (formerly Bath Area Drugs Advisory Service - BADAS) Tel 01225 834 946
		DHI	Provide a range of services for people addressing drug and alcohol problems who are in housing need or at risk of becoming homeless through substance misuse. Services include: Supported 'dry' housing; abstinence based day care service, also provide a structured day care service for people who are detoxing or stabilised on methadone, contemplating abstinence, resettlement and floating support service, counselling and advice; Outreach plus a training suite. Tel 01225 329 411
		Project 28 (ASH Project - Alcohol & Sexual Health)	holistic packages of care to young people with problematic substance misuse support needs Tel 01225 463344
	Domestic Violence	Next Link	Provides temporary accommodation to female victims of domestic violence and their children. Provides support, advice and counselling. There are very strict security arrangements for access including a video entry system. MH / dual diagnosis. Tel 01225 466 989
<b>Care Cluster 2 Common Mental Health problems (low severity with greater need)</b>			
	Housing related	Bath Mind	Bath Mind provides support to people who use mental health services and seeks to overcome isolation and embrace social inclusion. Bath Mind currently manages two properties in Bath and aims to - Provide a home for people who have lived in an institutionalized setting because of their mental health - Provide encouragement, support and assistance to residents as they request it and in order to increase and improve their quality of life, freedom and independence - Help residents maintain or improve their physical and mental health - Help with 'moving-on' to other appropriate living accommodation. Tel 01225 448396
		Rethink Mental Illness SP Floating Support	Floating Support service actively works with service users to facilitate move on to independent living. The service supports service users to engage in employment, volunteering and socially inclusive activity within the local community. Tel 01225 470359

		Second Step SP housing	Provides supported accommodation in shared projects and self contained cluster flats to people with mental health needs. Also provides an intensive resettlement and tenancy support service to people with mental health needs in independent self contained flats. Tel 0117 909 6630
		Sirona Home Link (Sedgemoor)	Supported living in non residential accommodation at Sedgemoor Rd, Bath. Accommodation based support to maintain tenancies, placing emphasis on enabling service users to realise their full potential. Tel 01225 837092
	Self help group	MDF The Bipolar Organisation	Provides support and help to people living with manic depression. They meet at Manvers Street Baptist Church and Cork Vaults, Westgate Buildings. An informal self help group for people with manic depression and their carers. Tel 07977172979 / 01225789929
<b>Care Cluster 3 non-psychotic (moderate severity)</b>			
	Housing related	Archcare	Arch Care Rehab Services supports people recovering from mental ill health and helps them to take control of their own lives by providing high quality support services and accommodation. Tel 01275 342266
		Options for Living	Provide a diverse range of accommodation and support services for adults living with mental ill health and additional complex needs. The objective is to promote sustainable independence through a process of active support. Tel 07545235150 / 07738922287
		Supported Independence	Supporting people with mental health problems and learning disabilities to attain greater independence in local communities - A three step system of residential, supported living and outreach services. Tel 0117 924 8764
		St Mungo's Mulberry House	Provide housing and support services for clients diagnosed with severe and enduring mental health needs. Set in beautiful surroundings, clients and staff are developing a community that is rooted in an ethos of expectation and optimism. Referral by CMHT. Tel 01225 427644
		Rethink Mental Illness SP Floating Support	Floating Support service actively works with service users to facilitate move on to independent living. The service supports service users to engage in employment, volunteering and socially inclusive activity within the local community. Tel 01225 470359

		Bath Mind	Bath Mind provides support to people who use mental health services and seeks to overcome isolation and embrace social inclusion. Bath Mind currently manages two properties in Bath and aims to - Provide a home for people who have lived in an institutionalized setting because of their mental health - Provide encouragement, support and assistance to residents as they request it and in order to increase and improve their quality of life, freedom and independence - Help residents maintain or improve their physical and mental health - Help with 'moving-on' to other appropriate living accommodation. Tel 01225 448396
<b>Care Cluster 4 Non psychotic (severe)</b>			
	Housing related	Archcare	Arch Care Rehab Services supports people recovering from mental ill health and helps them to take control of their own lives by providing high quality support services and accommodation. Tel 01275 342266
		Options for Living	Provide a diverse range of accommodation and support services for adults living with mental ill health and additional complex needs. The objective is to promote sustainable independence through a process of active support. Tel 07545235150 / 07738922287
		Supported Independence	Supporting people with mental health problems and learning disabilities to attain greater independence in local communities - A three step system of residential, supported living and outreach services. Tel 0117 924 8764
		St Mungo's Mulberry House	Provide housing and support services for clients diagnosed with severe and enduring mental health needs. Set in beautiful surroundings, clients and staff are developing a community that is rooted in an ethos of expectation and optimism. Referral by CMHT. Tel 01225 427644
		Sirona Home Link (Sedgemoor)	Supported living in non residential accommodation at Sedgemoor Rd, Bath. Accommodation based support to maintain tenancies, placing emphasis on enabling service users to realise their full potential. Tel 01225 837092
		Bath Mind, Lower Oldfield Park	The home provides care and support for eight people aged 18 and over with long term mental health problems. The residents are supported 24 hours a day, seven days a week. The team provides encouragement, support and assistance to residents in order to improve their quality of life, freedom and independence, with a view to move on to minimum supported housing when appropriate. Help is available for the residents to maintain or improve their physical and mental by encouraging self management and taking as much responsibility for their own lives as possible. Tel 01225 448396

	Drug and Alcohol Support	SDAS	Specialist Drug and Alcohol Services (AWP). A free at the point of delivery treatment service for those requiring input from a specialist drug and alcohol service. This includes counselling, psychological therapies, advice and information for people with alcohol or drug related problems / dual diagnosis. Tel 01225 359 900
		New Highway	Provides free, confidential services for anyone concerned about their own, or someone else's drug use or drinking (formerly Bath Area Drugs Advisory Service - BADAS) Tel 01225 834 946
		DHI	Provide a range of services for people addressing drug and alcohol problems who are in housing need or at risk of becoming homeless through substance misuse. Services include: Supported 'dry' housing; abstinence based day care service, also provide a structured day care service for people who are detoxing or stabilised on methadone, contemplating abstinence, resettlement and floating support service, counselling and advice; Outreach plus a training suite. Tel 01225 329 411
<b>5 non-psychotic disorders (very severe)</b>			
<b>6 Non-psychotic disorder of over valued ideas</b>			
<b>7 Enduring non-psychotic disorders (high disability)</b>			
<b>8 non-psychotic chaotic and challenging disorders</b>			
	Education / employment / training / skills	Norton Radstock College	Further Education - Courses run at a range of specialist sites throughout the area, including Keynsham, Midsomer Norton and our main site in Radstock. Our free College bus service, ample free car parking and good proximity to local transport routes makes it easy to reach us at any time of the day or evening. Tel 01761 433161
		Bath Spa University	Higher Education Establishment - Bath Spa University offers pre-degree study, undergraduate degrees and postgraduate degrees in a wide range of programmes. Tel (01225) 875875
		University of Bath	Higher Education Establishment Tel 01225 383019
		Bath College	Further Education College - At City of Bath College we believe everyone can be great. We want to work with our students to unlock their skills. Tel 01225 312191
		Sirona Work Devt Service	Assists people with MH problems to keep or gain employment. Work Development Team. Team Base: The Hollies, Midsomer Norton Telephone: 01225 396646
		Sirona Work Development Team	Assists people with MH problems to keep or gain employment. Work Development Team. Team Base: The Hollies, Midsomer Norton Telephone: 01225 396646

		Clean Slate	A social enterprise creating and supporting paid work for people from groups that face barriers to employment, working with homeless people, refugees, long-term unemployed people, those with mental health It runs a drop-in on Wednesdays and Thursdays from 10am to 4pm. It can be contacted on 01225 750 931
		Community Learning Service	The Community Learning Service brings together residents, community based organisations and learning providers to improve community and family learning opportunities. Works with residents, community based organisations and learning providers to improve community and family learning opportunities. Tel 01225 396 450
		Woodlands	environmental work
	Carers	Carers Centre	The Centre provides the latest information and advice on issues such as carers' rights, assessments, respite, breaks, aids and adaptations, benefits and lifelong learning Tel 01761 431388
		Crossroads Care	Supporting Carers by means of short respite breaks Tel 01761 436 673
		Rethink Mental Illness Carers	The carers service offers support, information, groups, activities, and respite opportunities to carers in the area within Bath and North East Somerset. There are three carer support groups held in Bath, Keynsham and Midsomer Norton. Tel 01225 470359
	Information & Advice	Bath Racial Equality Commission	Minorities, support, information and advice. The casework deals with the individual's need for protection from physical attack and unfair discrimination - "safety" and "physical" needs. The Community Development work meets needs for "safety", "belonging" and "esteem". The Sports Equality work meets needs of "belonging", "esteem" and "actualization". Tel 01225 787918
		Saneline	Information and emotional support is provided to anyone affected by mental illness via the helpline, SANeline and by email, via SANEmail. Tel 0845 767 8000 Saneline; email sanemail@sane.org.uk
		Samaritans	Offers a listening service for the despairing, suicidal or those people who are passing through a crisis of whatever type. Offers a confidential and non judgemental service. Tel 01225 429 222
		Hearing Voices Network	The South West Network are able to signpost people who hear voices to their nearest group Tel 01392 433358
	Self help groups	B-Eat	Beat provides helplines, online support and a network of UK-wide self-help groups to help adults and young people in the UK beat their eating disorders. Beat groups are self help and support groups where attendees support each other by sharing experiences, thoughts, successes and problems. Beat groups do not offer treatment, counselling or therapy. beat Helpline: 0845 634 1414

		OCD Action	OCD (Obsessive-Compulsive Disorder) - support, information and advice. South West Group - Bristol – 12 Step Programme Tel 0790 312 9753
		Social Anxiety West	Our groups support people with social anxiety by providing social opportunities and self-help information. Whether you want to make new friends, get help with reducing anxiety, be more socially active, increase confidence or just gain a little emotional support, then our group can help. website <a href="http://www.sawest.org/contact">www.sawest.org/contact</a> to contact group.
		Triumph over phobia	Self help therapy groups run by volunteers to help people with a phobia and/or obsessive compulsive disorder (OCD) to overcome their fears. Groups meet weekly in a warm supportive environment. Tel 01225 422 705
		Manic Depressive Fellowship Self Help Group: Bath	You will find a safe space for mutual support with others in similar situations to your own. Join and gain more confidence, make new friends, get practical advice, get to know yourself better or learn to manage mood swings. 1st Wednesday of every month. Email the group at <a href="mailto:mdfbath@gmail.com">mdfbath@gmail.com</a> Tel 01270 230 260
	Counselling / therapy	Off The Record	Drop in available on issues such as housing and homelessness, Relationships and family issues, Welfare, benefits and money, Physical and mental health issues, Drugs and alcohol. Counseling is also available to help you become clearer about your thoughts and feelings and help you find your own solutions. Off the Record provides free counseling for young people between the ages of 10 and 25. Tel 0800 389 5551
		Southside Family Project	Independent support for families dealing with long term MH problems / abuse / disabilities etc. Supports families dealing with issues like physical disability, domestic abuse, sexual violence, substance abuse or long-term mental health problems. Tel 01225 331243
		Relate	Provides a confidential counselling service for adult couples or individuals with relationship problems, and a family counselling service for all of the family Tel 01225 465 593
		Cruse	Provides counselling and support groups for bereaved people. Counselling one to one - at the office or client's home. Special groups for newly bereaved people, social friendship groups, family groups, Tel 01761 417250
		Focus Counselling	Counselling for abuse, depression, abuse , bereavement etc. A counselling service delivering a professional service and offering clients counselling for as long as they need it. Counselling is person centred. Tel 01225 330096

		IAPT	Improving Access to Psychological Therapies (IAPT) is a service that aims to make psychological therapies more accessible to people facing challenges with their mental health. The IAPT services are particularly focused on providing psychological assistance for people experiencing anxiety and depression and the therapies provided are evidence based. 01225 831310
		Indigo	Supports young people who self harm aged 13 - 24 years. Offers a choice of 1 to 1 counselling, intensive therapeutic group work and positive activities in a safe and non-judgemental environment. Tel 0117 960 2020
	Assessment / treatment / support	Sirona Mental Health Floating Support Service	Social Care support for people with Mental Health problems who are not in residential care, supporting people to live independently. Mental Health Floating Support Service. Team Base: 59, Sedgemoor Road, Foxhill, Bath. Telephone: 01225 83709
		CMHT	Community Mental Health Teams (CMHTs) provide assessment and treatment for people living in the community who are experiencing severe mental health problems or difficulties. The aim is to enable you to continue to live in the community, according to your individual needs and wishes. The teams are made up of a number of different staff. These can include psychiatrists, community psychiatric nurses (CPNs), occupational therapists, social workers and other specialist staff. Tel Bath area 01225 731 631; NE Somerset area 01761 404 410
		Crisis Resolution & Home Treatment Team (CRHT)	The service is a multidisciplinary team of experienced mental health practitioners providing an emergency assessment and home treatment service for people living in the Bath and North East Somerset area experiencing a mental health crisis and who would otherwise need admission to hospital. Access through GP or CMHT. Tel 01225 825328
		Early Intervention Team	Early assessment and treatment of psychosis. The service aims to reduce the stigma associated with psychosis and raise awareness of the symptoms of psychosis and the need for early assessment in order to reduce the length of time young people remain undiagnosed and untreated. Providing a user centred service it is focused on meaningful engagement and promotion of recovery during the early phase of illness. Access through CMHT Tel 01225 821 941
		AOT Team (Assertive Outreach Team)	Assertive Outreach Team provides ongoing treatment and support, mainly in the community, to people with severe and enduring mental health problems who may have found it difficult to engage with services in the past 01225 362757
		Hill View Lodge	Working age adults in-patient wards. Adults of working age whose circumstances or acute care needs are such that they cannot at that time be treated or supported appropriately at home or in an alternative, less restrictive setting. Access through CRHT Tel 01225 825 362

		AWP	We provide a variety of specialist mental health services for adults of working age. Our services include inpatient services, community services and primary care psychology services. Web <a href="http://www.awp.nhs.uk">www.awp.nhs.uk</a>
	Day Services / Activities / wellbeing	Sirona Building Bridges Team	A community development service to support people with mental health problems in the community & prevent admission to hospital. Team Base: 59, Sedgemoor Road, Foxhill, Bath. Telephone: 01225 396033
		Building Bridges to Wellbeing (St Mungo's)	The Service will help to improve the experience of people with mental health problems when they access community facilities. It utilises a recovery orientated approach in its work with people who have mental health needs. The service enables people to have more independent and fulfilling lives by positive access to a wide range of opportunities that include social, leisure, sport, health, work, training and volunteering. Tel 01225 427644
		Creativity Works	Creative community arts service and projects for vulnerable adults Tel 01761 438 852
		Soundwell Music	Soundwell is a community-based music therapy service working in the field of adult mental health, and with unpaid carers. Tel 01225 862 938
		Creative Writing & Board Games Groups at 13 Abbey Church Yard	Two social groups meet each Friday at the Bath Mind office. Both the creative writing group and the board games group are supported by staff and volunteers from St. Mungo's. Tel 01225 427644
		Allotment Association in Bath	B&NES Allotments Association works to promote the establishment and use of allotments in the Bath & North East Somerset Area.- asks for volunteers. e-mail <a href="mailto:info@banes-allotments.org.uk">info@banes-allotments.org.uk</a>
		Bath Mad Hatters	Service users producing magazine promoting positive mental health and dispelling some of the old myths surrounding 'mental illness' email <a href="mailto:bathmadhatters@hotmail.co.uk">bathmadhatters@hotmail.co.uk</a>
		Healthy Lifestye Service	The service can help improve the health of you and your family. It can support you to make some small lifestyle changes that will make a big difference to your health. Tel 01225 831847
		BISPAA - Banes Inclusive Sports Association	B&NES Inclusive Sport and Physical Activity Association (BISPAA) aims to promote and increase physical activity opportunities for children and adults, with physical and learning disabilities and mental ill-health. Tel 01225 39679
		Mosaic	A social group and one to one support for mental health service users and their carers from all ethnic minority and/or cultural backgrounds. The focus is on social interaction and activities of interest to the group. Tel 01225 316367

		BEMSCA	Provides a two day luncheon club for Black and Ethnic Minority (B&EM) Senior Citizens offering activities, information and advice in languages as requested. Tel 01225 464165
		Community Activators	The Community Activator service helps people to become more active. Being active is very important to your current health status and to help prevent chronic health conditions in the future. If you are struggling to lead an active lifestyle due to financial reasons, carer or family commitments, geographical or social isolation, or have a physical or mental disability that prevents you from accessing other services...then a Community Activator may be able to help. Tel 01225 396429
		Church Tea Rooms in Radstock	
		Bath Interfaith Group	Network of religious groups to increase awareness of faiths, and a forum for open discussion and sharing of ideas and beliefs. Tel 01225 422252
	Housing related	Second Step	Provides supported accommodation in shared projects and self contained cluster flats to people with mental health needs. Also provides an intensive resettlement and tenancy support service to people with mental health needs in independent self contained flats. Tel 0117 909 6630
		Bath Mind	Bath Mind provides support to people who use mental health services and seeks to overcome isolation and embrace social inclusion. Bath Mind currently manages two properties in Bath and aims to - Provide a home for people who have lived in an institutionalized setting because of their mental health - Provide encouragement, support and assistance to residents as they request it and in order to increase and improve their quality of life, freedom and independence - Help residents maintain or improve their physical and mental health - Help with 'moving-on' to other appropriate living accommodation. Tel 01225 448396
		Rethink Mental Illness SP Floating Support	Floating Support service actively works with service users to facilitate move on to independent living. The service supports service users to engage in employment, volunteering and socially inclusive activity within the local community. Tel 01225 470359
		Care and Repair	Home Improvement Agency which provides a range of practical services designed to support older, disabled and vulnerable people and enable them to continue to live safe, warm and secure within their own homes. Tel 01749 345 379
		Julian House	Julian House provides a range of services to homeless people and those at risk of homelessness, including 10 bed project for people with low level mental health problems and learning difficulties. Tel 01225 354 650
		DRE Worker	

	Befriending	Bath Mind Befriending Service	Bath Mind's Befriending Service aims to help by establishing one to one supportive relationships between a trained volunteer and people who are lonely and isolated. Tel 01225 464656
		Chew Valley Befrienders	Provides support for individuals and their families affected by mental health problems in the Chew Valley area including Keynsham, through a befriending service. Run by volunteers. Tel 01275 472 798
	Advocacy	Bath Mind Advocacy	Help and support people so that they can communicate their needs and make informed choices about decisions which directly affect the quality of their lives. Carers can also have support from the service 01225 464 656
		IMHA / IMCA	IMCA - independent advocacy services for people who lack capacity to make decisions concerning changes of accommodation or serious medical treatment, where there are no appropriate friends or family members to consult. 01225 316 330 IMHA - Independent advocacy service supports patients under the Mental Health Act. It provides an additional safeguard for patients subject to the Mental Health Act, and complements, not replaces any other advocacy or support services available to patients. 01225 316385
	Drug & Alcohol support	New Highways	Provides free, confidential services for anyone concerned about their own, or someone else's drug use or drinking (formerly Bath Area Drugs Advisory Service - BADAS) Tel 01225 834 946
		DHI	Provide a range of services for people addressing drug and alcohol problems who are in housing need or at risk of becoming homeless through substance misuse. Services include: Supported 'dry' housing; abstinence based day care service, also provide a structured day care service for people who are detoxing or stabilised on methadone, contemplating abstinence, resettlement and floating support service, counselling and advice; Outreach plus a training suite. Tel 01225 329 411
	Domestic Violence	Next Link	Provides temporary accommodation to female victims of domestic violence and their children. Provides support, advice and counselling. There are very strict security arrangements for access including a video entry system. MH / dual diagnosis. Tel 01225 466 989
		St Mungo's Service Users Involvement reps	
		Broadlands	
		GAP	
<b>PSYCHOSIS</b>			
<b>Care Cluster 10: First Episode Psychosis</b>			

Assessment / treatment / support	Early Intervention Team	Early assessment and treatment of psychosis. The service aims to reduce the stigma associated with psychosis and raise awareness of the symptoms of psychosis and the need for early assessment in order to reduce the length of time young people remain undiagnosed and untreated. Providing a user centred service it is focused on meaningful engagement and promotion of recovery during the early phase of illness. Access through CMHT Tel 01225 821 941
	CMHT	Community Mental Health Teams (CMHTs) provide assessment and treatment for people living in the community who are experiencing severe mental health problems or difficulties. The aim is to enable you to continue to live in the community, according to your individual needs and wishes. The teams are made up of a number of different staff. These can include psychiatrists, community psychiatric nurses (CPNs), occupational therapists, social workers and other specialist staff. Tel Bath area 01225 731 631; NE Somerset area 01761 404 410
	CAMHS Team	Child & Adolescent Mental Health Services. A multi-disciplinary Crisis and Outreach Team. This team deals with urgent and community intensive treatment services for children in care and other young people with complex engagement needs such as young offenders.
	Mentoring Plus	Mentoring Plus is a youth crime prevention project working with vulnerable young people who are at risk of offending. The project provides an intensive mentoring and education support programme structured over one year Tel 01225 429694.
	Sirona Reablement Service	Supports people with MH problems to get over short term crises, or prevents hospital admission. The service provides intensive support and is for a maximum period of 6 weeks. Mental Health Reablement Team. Team Base: Lewis House, Bath. Telephone: 01225 396206
	Sirona Mental Health Floating Support Service	Social Care support for people with Mental Health problems who are not in residential care, supporting people to live independently. Mental Health Floating Support Service. Team Base: 59, Sedgemoor Road, Foxhill, Bath. Telephone: 01225 83709
	Rethink Mental Illness SP Floating Support	Floating Support service actively works with service users to facilitate move on to independent living. The service supports service users to engage in employment, volunteering and socially inclusive activity within the local community. Tel 01225 470359
Counselling / Therapy	University Student Services - Mindmatters	Student Health & Wellbeing (Counselling) Service - a confidential counselling service from professionally qualified counsellors for a wide range of issues Tel 01225 385538 Self Help workbooks also available to help with problems, and the workbooks provide access to the Cognitive Behaviour Therapy (CBT) approach, which uses carefully sequenced series of questions, designed to bring about change in how the person thinks and in what they do in order to improve how they feel.

		Off The Record	Drop in available on issues such as housing and homelessness, Relationships and family issues, Welfare, benefits and money, Physical and mental health issues, Drugs and alcohol. Counseling is also available to help you become clearer about your thoughts and feelings and help you find your own solutions. Off the Record provides free counseling for young people between the ages of 10 and 25. Tel 0800 389 5551
	Activities / wellbeing	Soundwell Music Trust	Soundwell is a community-based music therapy service working in the field of adult mental health, and with unpaid carers. Tel 01225 862 938
		Creativity Works	Creative community arts service and projects for vulnerable adults Tel 01761 438 852
		Julian House - Space 2	Meaningful Occupation Project - Space 2. Often referred to as 'The Shed', clients here are given access to courses and activities which ordinarily would not be available, because of their disconnection from mainstream society. Tel 01225 354650
		Mosaic	A social group and one to one support for mental health service users and their carers from all ethnic minority and/or cultural backgrounds. The focus is on social interaction and activities of interest to the group. Tel 01225 316367
		Community Activators	The Community Activator service helps people to become more active. Being active is very important to your current health status and to help prevent chronic health conditions in the future. If you are struggling to lead an active lifestyle due to financial reasons, carer or family commitments, geographical or social isolation, or have a physical or mental disability that prevents you from accessing other services...then a Community Activator may be able to help. Tel 01225 396429
		Active Sports and Leisure	To get more people, more active, more often, leading to improved health and wellbeing. Sport and Active Lifestyles Team (01225) 396429
		BISPAA	B&NES Inclusive Sport and Physical Activity Association (BISPAA) aims to promote and increase physical activity opportunities for children and adults, with physical and learning disabilities and mental ill-health. Tel 01225 39679
		Healthy Lifestye Service	The service can help improve the health of you and your family. It can support you to make some small lifestyle changes that will make a big difference to your health. Tel 01225 831847
	Education / employment / training / skills	Julian House - reCYCLEd Bike Workshop	Social Enterprise where used bikes are repaired by clients and then sold to raise funds. Much of the work at reCYCLEd is carried out by clients under the supervision of staff members. This includes servicing and repairs to machines which are brought in by members of the public. Tel 01225 354650

		DHI - Ring the Changes	Ring the Changes, a new scheme to give DHI clients work experience, is being launched Tel 01225 329411
		Sirona Work Development Team	Assists people with MH problems to keep or gain employment. Work Development Team. Team Base: The Hollies, Midsomer Norton Telephone: 01225 396646
		Genesis Trust - The Wood Works	Supports and helps people establish themselves in the community. The Wood Works offers trainee placements for the long term unemployed Tel 01225 463549
		Working Links: Maximus training	Helping people overcome personal and professional barriers, providing training programmes and connecting people with meaningful employment. Aim to put people on a path to self-sufficiency and improve their lives. Tel 0800 023 3037
	Advocacy	Bath Mind Advocacy	Help and support people so that they can communicate their needs and make informed choices about decisions which directly affect the quality of their lives. Carers can also have support from the service 01225 464 656
		IMHA / IMCA	IMCA - independent advocacy services for people who lack capacity to make decisions concerning changes of accommodation or serious medical treatment, where there are no appropriate friends or family members to consult. 01225 316 330 IMHA - Independent advocacy service supports patients under the Mental Health Act. It provides an additional safeguard for patients subject to the Mental Health Act, and complements, not replaces any other advocacy or support services available to patients. 01225 316385
	Drug and alcohol support	DHI	Provide a range of services for people addressing drug and alcohol problems who are in housing need or at risk of becoming homeless through substance misuse. Services include: Supported 'dry' housing; abstinence based day care service, also provide a structured day care service for people who are detoxing or stabilised on methadone, contemplating abstinence, resettlement and floating support service, volunteering opportunities, counselling and advice; Outreach plus a training suite. new drug and alcohol recovery centre at The Beehive off Walcot Street, Bath Tel 01225 329411
		SDAS	Specialist Drug and Alcohol Services (AWP). A free at the point of delivery treatment service for those requiring input from a specialist drug and alcohol service. This includes counselling, psychological therapies, advice and information for people with alcohol or drug related problems / dual diagnosis. Tel 01225 359 900
		New Highways	Provides free, confidential services for anyone concerned about their own, or someone else's drug use or drinking (formerly Bath Area Drugs Advisory Service - BADAS) Tel 01225 834 946

	Housing related	Bath Mind Supported Living	Bath Mind manages two properties in Bath and aims to: Provide a home for people who have lived in an institutionalized setting because of their mental health Provide encouragement, support and assistance to residents as they request it and in order to increase and improve their quality of life, freedom and independence Help residents maintain or improve their physical and mental health Help with 'moving-on' to other appropriate living accommodation Tel 01225 448396
		Options for Living	Provide a diverse range of accommodation and support services for adults living with mental ill health and additional complex needs. The objective is to promote sustainable independence through a process of active support. Tel 07545235150 / 07738922287
		Supported Independence	Supporting people with mental health problems and learning disabilities to attain greater independence in local communities - A three step system of residential, supported living and outreach services. Tel 0117 924 8764
		St Mungo's Mulberry House	Provide housing and support services for clients diagnosed with severe and enduring mental health needs. Set in beautiful surroundings, clients and staff are developing a community that is rooted in an ethos of expectation and optimism. Referral by CMHT. Tel 01225 427644
		Second Step	Provides supported accommodation in shared projects and self contained cluster flats to people with mental health needs. Also provides an intensive resettlement and tenancy support service to people with mental health needs in independent self contained flats. Tel 0117 909 6630
	Information / advice	DHI - Information Takeaway	The Information Takeaway is a service for people who want help with problems such as loneliness or lack of confidence, or who have health or job worries. It helps them to find local groups, clubs and activities that they can take part in, and also tells them which local services are available for them Tel 01225 329 411
		Genesis Trust - The Lifeline Centre	A listening ear, Information and advice, help and support Tel 01225 463549
		Bath CAB	Provides free, impartial advice and information on a range of issues. We can help with most everyday problems from employment to housing and debt. Offices in Bath, Keynsham & Midsomer Norton. Tel 0844 848 7919
	Carers	Carers Centre	The Centre provides the latest information and advice on issues such as carers' rights, assessments, respite, breaks, aids and adaptations, benefits and lifelong learning Tel 01761 431388
		Crossroads Care	Supporting Carers by means of short respite breaks Tel 01761 436 673

		Rethink Mental Illness Carers	The carers service offers support, information, groups, activities, and respite opportunities to carers in the area within Bath and North East Somerset. There are three carer support groups held in Bath, Keynsham and Midsomer Norton. Tel 01225 470359
<b>Care Cluster 11 on going Recurrent Psychosis (Low Symptoms)</b>			
	Assessment / treatment / support	Rethink Mental Illness SP Floating Support	Floating Support service actively works with service users to facilitate move on to independent living. The service supports service users to engage in employment, volunteering and socially inclusive activity within the local community. Tel 01225 470359
		Sirona Mental Health Floating Support Service	Social Care support for people with Mental Health problems who are not in residential care, supporting people to live independently. Mental Health Floating Support Service. Team Base: 59, Sedgemoor Road, Foxhill, Bath. Telephone: 01225 83709
		CMHT	Community Mental Health Teams (CMHTs) provide assessment and treatment for people living in the community who are experiencing severe mental health problems or difficulties. The aim is to enable you to continue to live in the community, according to your individual needs and wishes. The teams are made up of a number of different staff. These can include psychiatrists, community psychiatric nurses (CPNs), occupational therapists, social workers and other specialist staff. Tel Bath area 01225 731 631; NE Somerset area 01761 404 410
	Day services / activities / wellbeing	Healthy Lifestyle Service	The service can help improve the health of you and your family. It can support you to make some small lifestyle changes that will make a big difference to your health. Tel 01225 831847
		Community Activators	The Community Activator service helps people to become more active. Being active is very important to your current health status and to help prevent chronic health conditions in the future. If you are struggling to lead an active lifestyle due to financial reasons, carer or family commitments, geographical or social isolation, or have a physical or mental disability that prevents you from accessing other services...then a Community Activator may be able to help. Tel 01225 396429
		Active Sports and Leisure	To get more people, more active, more often, leading to improved health and wellbeing. Sport and Active Lifestyles Team (01225) 396429
		BISPAA	B&NES Inclusive Sport and Physical Activity Association (BISPAA) aims to promote and increase physical activity opportunities for children and adults, with physical and learning disabilities and mental ill-health. Tel 01225 39679
		Soundwell Music Trust	Soundwell is a community-based music therapy service working in the field of adult mental health, and with unpaid carers. Tel 01225 862 938
		Creativity Works	Creative community arts service and projects for vulnerable adults Tel 01761 438 852

	Education / employment / training / skills	Stowey Bottom Farm	Helps people with mental health support needs into work through skills training, increased self-confidence and workplace routine. Provides experience of real, structured work in a safe learning environment, and outdoor, land-based training and work experience. Tel 01275-331426
		Sirona Work Devt Service	Assists people with MH problems to keep or gain employment. Work Development Team. Team Base: The Hollies, Midsomer Norton Telephone: 01225 396646
		Genesis Trust - The Wood Works	Supports and helps people establish themselves in the community. The Wood Works offers trainee placements for the long term unemployed Tel 01225 463549
	Drug and alcohol	SDAS	Specialist Drug and Alcohol Services (AWP). A free at the point of delivery treatment service for those requiring input from a specialist drug and alcohol service. This includes counselling, psychological therapies, advice and information for people with alcohol or drug related problems / dual diagnosis. Tel 01225 359 900
		New Highway (BADAS)	Provides free, confidential services for anyone concerned about their own, or someone else's drug use or drinking (formerly Bath Area Drugs Advisory Service - BADAS) Tel 01225 834 946
		DHI Dry Houses	Provide a range of services for people addressing drug and alcohol problems who are in housing need or at risk of becoming homeless through substance misuse. Services include: Supported 'dry' housing; abstinence based day care service, also provide a structured day care service for people who are detoxing or stabilised on methadone, contemplating abstinence, resettlement and floating support service, counselling and advice; Outreach plus a training suite. Tel 01225 329 411
	Advocacy	Bath Mind Advocacy	Help and support people so that they can communicate their needs and make informed choices about decisions which directly affect the quality of their lives. Carers can also have support from the service 01225 464 656
	Housing related	Bath Foyer - Shape	Accessible accommodation, support and personal development opportunities to young people. By providing a package of safe, affordable, supported accommodation with housing support, self development support planning, training, volunteering and employment opportunities they hope to enable young people to take sustained steps to independence. Tel 01225 405 004
		Rackfield House (Solon HA)	Rackfield House is owned by Solon South West Housing Association, which is a locally based organisation, committed to managing good quality homes for people in greatest housing need. This is a 20 bed shared scheme, for single homeless men and women with low to medium support needs. Tel 01225 339 742

		Barnabas House (Part of Julian House)	Julian House provides a range of services to homeless people and those at risk of homelessness, including 10 bed project for people with low level mental health problems and learning difficulties. Tel 01225 354 650
		Stonham	Housing and support for vulnerable people with a wide range of needs. Staff offer support re: tenancy sustainment, accessing outside agencies, life skills, training, education, employment, move-on etc. Tel 01225 464 342
	Carers	Carers Centre	Providers of help and support for people who are carers. The Centre provides the latest information and advice on issues such as carers' rights, assessments, respite, breaks, aids and adaptations, benefits and lifelong learning. Tel 01761 431389
		Rethink Mental Illness Carers	The carers service offers support, information, groups, activities, and respite opportunities to carers in the area within Bath and North East Somerset. There are three carer support groups held in Bath, Keynsham and Midsomer Norton. Tel 01225 470359
		Crossroads Care	Supporting Carers by means of short respite breaks Tel 01761 436 673
	Information / advice	Wellaware	Well Aware is a free information resource for everyone, which holds a comprehensive database of local health, wellbeing and community resources. <a href="http://www.wellaware.org.uk">www.wellaware.org.uk</a>
<b>Care Cluster 12 Ongoing or recurrent Psychosis (High Disability)</b>			
	Assessment / treatment / support	CMHT	Community Mental Health Teams (CMHTs) provide assessment and treatment for people living in the community who are experiencing severe mental health problems or difficulties. The aim is to enable you to continue to live in the community, according to your individual needs and wishes. The teams are made up of a number of different staff. These can include psychiatrists, community psychiatric nurses (CPNs), occupational therapists, social workers and other specialist staff. Tel Bath area 01225 731 631; NE Somerset area 01761 404 410
		Sirona Reablement Service	Supports people with MH problems to get over short term crises, or prevents hospital admission. The service provides intensive support and is for a maximum period of 6 weeks. Mental Health Reablement Team. Team Base: Lewis House, Bath. Telephone: 01225 396206
		Sirona Mental Health Floating Support Service	Social Care support for people with Mental Health problems who are not in residential care, supporting people to live independently. Mental Health Floating Support Service. Team Base: 59, Sedgemoor Road, Foxhill, Bath. Telephone: 01225 83709
	Day services / activities / wellbeing	Sirona Building Bridges Team	A community development service to support people with mental health problems in the community when they access community facilities. Team Base: 59, Sedgemoor Road, Foxhill, Bath. Telephone: 01225 396033

		Building Bridges to Wellbeing (St Mungo's)	The Service will help to improve the experience of people with mental health problems when they access community facilities. It utilises a recovery orientated approach in its work with people who have mental health needs. The service enables people to have more independent and fulfilling lives by positive access to a wide range of opportunities that include social, leisure, sport, health, work, training and volunteering. Tel 01225 427644
		MOSAIC	A social group and one to one support for mental health service users and their carers from all ethnic minority and/or cultural backgrounds. The focus is on social interaction and activities of interest to the group. Tel 01225 316367
		Mad Hatters Group	Service users producing magazine promoting positive mental health and dispelling some of the old myths surrounding 'mental illness' email bathmadhatters@hotmail.co.uk
		Active Sports and Leisure	To get more people, more active, more often, leading to improved health and wellbeing. Sport and Active Lifestyles Team (01225) 396429
		Community Activators	The Community Activator service helps people to become more active. Being active is very important to your current health status and to help prevent chronic health conditions in the future. If you are struggling to lead an active lifestyle due to financial reasons, carer or family commitments, geographical or social isolation, or have a physical or mental disability that prevents you from accessing other services...then a Community Activator may be able to help. Tel 01225 396429
	Self help groups	Hearing Voices Network	The South West Network are able to signpost people who hear voices to their nearest group Tel 01392 433358
	Education / employment / training / skills	Stowey Bottom Farm	Helps people with mental health support needs into work through skills training, increased self-confidence and workplace routine. Provides experience of real, structured work in a safe learning environment, and outdoor, land-based training and work experience. Tel 01275-331426
	Advocacy	Bath Mind Advocacy	Advocacy supports people so that they can communicate their needs and make informed choices about decisions which directly affect the quality of their lives. Carers can also have support from the service, as can older people and people with dementia. 01225 464 656

		IMHA / IMCA	<p>IMCA - independent advocacy services for people who lack capacity to make decisions concerning changes of accommodation or serious medical treatment, where there are no appropriate friends or family members to consult. 01225 316 330</p> <p>IMHA - Independent advocacy service supports patients under the Mental Health Act. It provides an additional safeguard for patients subject to the Mental Health Act, and complements, not replaces any other advocacy or support services available to patients. 01225 316385</p>
	Drug and alcohol	SDAS	<p>Specialist Drug and Alcohol Services (AWP). A free at the point of delivery treatment service for those requiring input from a specialist drug and alcohol service. This includes counselling, psychological therapies, advice and information for people with alcohol or drug related problems. Tel 01225 359 900</p>
		New Highway (BADAS)	<p>Provides free, confidential services for anyone concerned about their own, or someone else's drug use or drinking (formerly Bath Area Drugs Advisory Service - BADAS) Tel 01225 834 946</p>
		DHI	<p>Provide a range of services for people addressing drug and alcohol problems who are in housing need or at risk of becoming homeless through substance misuse. Services include: Supported 'dry' housing; abstinence based day care service, also provide a structured day care service for people who are detoxing or stabilised on methadone, contemplating abstinence, resettlement and floating support service, volunteering opportunities, counselling and advice; Outreach plus a training suite. new drug and alcohol recovery centre at The Beehive off Walcot Street, Bath Tel 01225 329411</p>
	Carers	Rethink Mental Illness Carers	<p>The carers service offers support, information, groups, activities, and respite opportunities to carers in the area within Bath and North East Somerset. There are three carer support groups held in Bath, Keynsham and Midsomer Norton. Tel 01225 470359</p>
		Crossroads Care	<p>Supporting Carers by means of short respite breaks Tel 01761 436 673</p>
		Carers Centre	<p>Providers of help and support for people who are carers. The Centre provides the latest information and advice on issues such as carers' rights, assessments, respite, breaks, aids and adaptations, benefits and lifelong learning. Tel 01761 431389</p>
	Housing related	St Mungo's Mulberry House	<p>Provide housing and support services for clients diagnosed with severe and enduring mental health needs. Set in beautiful surroundings, clients and staff are developing a community that is rooted in an ethos of expectation and optimism. Referral by CMHT. Tel 01225 427644</p>

		Bath Mind Residential Care	Lower Oldfield Park, Bath - The home provides care and support for eight people aged 18 and over with long term mental health problems. The residents are supported 24 hours a day, seven days a week. The team provides encouragement, support and assistance to residents in order to improve their quality of life, freedom and independence, with a view to move on to minimum supported housing when appropriate. Tel 01225 448396
<b>Care Cluster 13: Ongoing or recurrent Psychosis (High Symptom and Disability)</b>			
	Assessment / treatment / support	AWP Assertive Outreach	Assertive outreach teams provide ongoing treatment and support, mainly in the community, to people with severe and enduring mental health problems who may have found it difficult to engage with services in the past 01225 362757
		CMHT	Community Mental Health Teams (CMHTs) provide assessment and treatment for people living in the community who are experiencing severe mental health problems or difficulties. The aim is to enable you to continue to live in the community, according to your individual needs and wishes. The teams are made up of a number of different staff. These can include psychiatrists, community psychiatric nurses (CPNs), occupational therapists, social workers and other specialist staff. Tel Bath area 01225 731 631; NE Somerset area 01761 404 410
	Day services / activities / wellbeing	Active Sports and Leisure	To get more people, more active, more often, leading to improved health and wellbeing. Sport and Active Lifestyles Team (01225) 396429
	Carers	Rethink Mental Illness Carers	The carers service offers support, information, groups, activities, and respite opportunities to carers in the area within Bath and North East Somerset. There are three carer support groups held in Bath, Keynsham and Midsomer Norton. Tel 01225 470359
		Crossroads Care	Supporting Carers by means of short respite breaks Tel 01761 436 673
		Carers Centre	Providers of help and support for people who are carers. The Centre provides the latest information and advice on issues such as carers' rights, assessments, respite, breaks, aids and adaptations, benefits and lifelong learning. Tel 01761 431389
	Advocacy	Bath Mind Advocacy	Advocacy supports people so that they can communicate their needs and make informed choices about decisions which directly affect the quality of their lives. Carers can also have support from the service, as can older people and people with dementia. 01225 464 656

		IMHA / IMCA	<p>IMCA - independent advocacy services for people who lack capacity to make decisions concerning changes of accommodation or serious medical treatment, where there are no appropriate friends or family members to consult. 01225 316 330</p> <p>IMHA - Independent advocacy service supports patients under the Mental Health Act. It provides an additional safeguard for patients subject to the Mental Health Act, and complements, not replaces any other advocacy or support services available to patients. 01225 316385</p>
<b>Care Cluster 14 Psychotic Crisis</b>			
	Assessment / treatment / support	Inpatient bed	
		Crisis Resolution & Home Treatment Team (CRHT)	<p>The service is a multidisciplinary team of experienced mental health practitioners providing an emergency assessment and home treatment service for people living in the Bath and North East Somerset area experiencing a mental health crisis and who would otherwise need admission to hospital. Access through GP or CMHT. Tel 01225 825328</p>
		A&E Psychiatric liaison	
		Police	
		GP	
		AMHP team	<p>Approved Mental Health Practitioner - a social worker / nurse who provides specialist assessments under the Mental Health Act. Tel 01225 826396</p>
		CMHT	<p>Community Mental Health Teams (CMHTs) provide assessment and treatment for people living in the community who are experiencing severe mental health problems or difficulties. The aim is to enable you to continue to live in the community, according to your individual needs and wishes. The teams are made up of a number of different staff. These can include psychiatrists, community psychiatric nurses (CPNs), occupational therapists, social workers and other specialist staff. Tel Bath area 01225 731 631; NE Somerset area 01761 404 410</p>
	Advocacy	IMHA / IMCA	<p>IMCA - independent advocacy services for people who lack capacity to make decisions concerning changes of accommodation or serious medical treatment, where there are no appropriate friends or family members to consult. 01225 316 330</p> <p>IMHA - Independent advocacy service supports patients under the Mental Health Act. It provides an additional safeguard for patients subject to the Mental Health Act, and complements, not replaces any other advocacy or support services available to patients. 01225 316385</p>

		ICAS	ICAS is a statutory service providing Advocacy Support to clients who have concerns about their care from the NHS. This includes GPs, Dentists, Pharmacists, Opticians plus NHS Trusts. Tel 01225 762 723
		PALS	PALS is a welcoming, accessible and confidential service for people who would like information, or who would like to comment about any aspect of the services provided by the PCT. It provides the opportunity to raise in confidence, any problems, concerns, opinions, suggestions and comments that you have about the care and service you receive from staff. Try to sort out any problems and concerns you may have. If the PALS officers can't sort the problem out, they will try to find someone who can. Tel 01225 831717
	Carers	Rethink Mental Illness Carers	The carers service offers support, information, groups, activities, and respite opportunities to carers in the area within Bath and North East Somerset. There are three carer support groups held in Bath, Keynsham and Midsomer Norton. Tel 01225 470359
		Carers Centre	Providers of help and support for people who are carers. The Centre provides the latest information and advice on issues such as carers' rights, assessments, respite, breaks, aids and adaptations, benefits and lifelong learning. Tel 01761 431389
		Crossroads Care	Supporting Carers by means of short respite breaks Tel 01761 436 673
<b>Care Cluster 15 Severe Psychotic Depression</b>			
	Assessment / treatment / support	Crisis Resolution & Home Treatment Team (CRHT)	The service is a multidisciplinary team of experienced mental health practitioners providing an emergency assessment and home treatment service for people living in the Bath and North East Somerset area experiencing a mental health crisis and who would otherwise need admission to hospital. Access through GP or CMHT. Tel 01225 825328
		A&E Psychiatric liaison	
		AMHP team	Approved Mental Health Practitioner - a social worker / nurse who provides specialist assessments under the Mental Health Act. Tel 01225 826396
		CMHT	Community Mental Health Teams (CMHTs) provide assessment and treatment for people living in the community who are experiencing severe mental health problems or difficulties. The aim is to enable you to continue to live in the community, according to your individual needs and wishes. The teams are made up of a number of different staff. These can include psychiatrists, community psychiatric nurses (CPNs), occupational therapists, social workers and other specialist staff. Tel Bath area 01225 731 631; NE Somerset area 01761 404 410
		Police	
		GP	
		Inpatient bed	

	Day services / activities / wellbeing	Healthy Lifestyle Service	The service can help improve the health of you and your family. It can support you to make some small lifestyle changes that will make a big difference to your health. Tel 01225 831847
	Advocacy	IMHA / IMCA	IMCA - independent advocacy services for people who lack capacity to make decisions concerning changes of accommodation or serious medical treatment, where there are no appropriate friends or family members to consult. 01225 316 330 IMHA - Independent advocacy service supports patients under the Mental Health Act. It provides an additional safeguard for patients subject to the Mental Health Act, and complements, not replaces any other advocacy or support services available to patients. 01225 316385
		ICAS	ICAS is a statutory service providing Advocacy Support to clients who have concerns about their care from the NHS. This includes GPs, Dentists, Pharmacists, Opticians plus NHS Trusts. Tel 01225 762 723
		PALS	PALS is a welcoming, accessible and confidential service for people who would like information, or who would like to comment about any aspect of the services provided by the PCT. It provides the opportunity to raise in confidence, any problems, concerns, opinions, suggestions and comments that you have about the care and service you receive from staff. Try to sort out any problems and concerns you may have. If the PALS officers can't sort the problem out, they will try to find someone who can. Tel 01225 831717
	Information / advice	Saneline	Information and emotional support is provided to anyone affected by mental illness via the helpline, SANeline and by email, via SANemail. Tel 0845 767 8000 Saneline; email sanemail@sane.org.uk
		Samaritans	Offers a listening service for the despairing, suicidal or those people who are passing through a crisis of whatever type. Offers a confidential and non judgemental service. Tel 01225 429 222
		Mindline	If you are in emotional distress or would just like to talk to someone about what you are going through then call MindLine free on 0808 808 0330
	Carers	Rethink Mental Illness Carers	The carers service offers support, information, groups, activities, and respite opportunities to carers in the area within Bath and North East Somerset. There are three carer support groups held in Bath, Keynsham and Midsomer Norton. Tel 01225 470359
		Carers Centre	Providers of help and support for people who are carers. The Centre provides the latest information and advice on issues such as carers' rights, assessments, respite, breaks, aids and adaptations, benefits and lifelong learning. Tel 01761 431389
		Crossroads Care	Supporting Carers by means of short respite breaks Tel 01761 436 673

Care Cluster 16 Dual Diagnosis		
	If children involved	<p>FIService</p> <p>The Family Information Service provides a comprehensive information service for families, professionals and young people. All enquiries will be dealt with in confidence. Tel 0800 073 1214</p> <p>1 Big Database is the place to find out about organisations, support, events and other useful things going on in Bath and North East Somerset for families, children and young people aged 0-20 years. <a href="http://www.1bigdatabase.org.uk">www.1bigdatabase.org.uk</a></p>
	Housing related	<p>Next Link</p> <p>Provides temporary accommodation to female victims of domestic violence and their children. Provides support, advice and counselling. There are very strict security arrangements for access including a video entry system. MH / dual diagnosis. Tel 01225 466 989</p>
	Drug and alcohol support	<p>Rockhall (SDAS)</p> <p>Specialist Drug and Alcohol Services (AWP). A free at the point of delivery treatment service for those requiring input from a specialist drug and alcohol service. This includes counselling, psychological therapies, advice and information for people with alcohol or drug related problems. Tel 01225 359 900</p>
		<p>CDAS</p> <p>Community Drug &amp; Alcohol Service. Tel 07815927559</p>
		<p>New Highway (BADAS)</p> <p>New Highway provides free, (formerly Bath Area Drugs Advisory Service - BADAS) confidential services for anyone concerned about their own, or someone else's drug use or drinking. Tel 01225 834 946</p>
		<p>DHI</p> <p>Provide a range of services for people addressing drug and alcohol problems who are in housing need or at risk of becoming homeless through substance misuse. Services include: Supported 'dry' housing; abstinence based day care service, also provide a structured day care service for people who are detoxing or stabilised on methadone, contemplating abstinence, resettlement and floating support service, volunteering opportunities, counselling and advice; Outreach plus a training suite.</p> <p>New drug and alcohol recovery centre at The Beehive off Walcot Street, Bath ring 01225 329411</p> <p>Ring the Changes, a new scheme to give DHI clients work experience, is being launched</p> <p>The Information Takeaway is a service for people who want help with problems such as loneliness or lack of confidence, or who have health or job worries. It helps them to find local groups, clubs and activities that they can take part in, and also tells them which local services are available for them</p> <p>Tel 01225 329 411</p>

	Assessment / treatment / support	Sirona Mental Health Floating Support Service	Social Care support for people with Mental Health problems who are not in residential care, supporting people to live independently. Mental Health Floating Support Service. Team Base: 59, Sedgemoor Road, Foxhill, Bath. Telephone: 01225 83709
		CMHT	Community Mental Health Teams (CMHTs) provide assessment and treatment for people living in the community who are experiencing severe mental health problems or difficulties. The aim is to enable you to continue to live in the community, according to your individual needs and wishes. The teams are made up of a number of different staff. These can include psychiatrists, community psychiatric nurses (CPNs), occupational therapists, social workers and other specialist staff. Tel Bath area 01225 731 631; NE Somerset area 01761 404 410
		Genesis Trust -	Supports and helps people establish themselves in the community. Offers trainee placements for the long term unemployed; A listening ear, Information and advice, help and support Tel 01225 463549
		GP	
		Interpretation/translation services	
		Probation services	
		Police	
	Carers	Rethink Mental Illness Carers	The carers service offers support, information, groups, activities, and respite opportunities to carers in the area within Bath and North East Somerset. There are three carer support groups held in Bath, Keynsham and Midsomer Norton. Tel 01225 470359
		Carers Centre	Providers of help and support for people who are carers. The Centre provides the latest information and advice on issues such as carers' rights, assessments, respite, breaks, aids and adaptations, benefits and lifelong learning. Tel 01761 431389
		Crossroads Care	Supporting Carers by means of short respite breaks Tel 01761 436 673
	Advocacy	ICAS	ICAS is a statutory service providing Advocacy Support to clients who have concerns about their care from the NHS. This includes GPs, Dentists, Pharmacists, Opticians plus NHS Trust Tel 01225 762 723
		PALS	PALS is a welcoming, accessible and confidential service for people who would like information, or who would like to comment about any aspect of the services provided by the PCT. It provides the opportunity to raise in confidence, any problems, concerns, opinions, suggestions and comments that you have about the care and service you receive from staff. Try to sort out any problems and concerns you may have. If the PALS officers can't sort the problem out, they will try to find someone who can. Tel 01225 831717

	Information / advice	Information Services	Wellaware - <a href="http://www.wellaware.org.uk">www.wellaware.org.uk</a> Council Connect - <a href="http://www.bathnes.gov.uk/contactus/Pages/councilconnect">www.bathnes.gov.uk/contactus/Pages/councilconnect</a> offices in Guildhall, Bath; The Hollies, Midsomer Norton; Riverside, Keynsham CAB - 0844 848 7919 <a href="http://www.cab-banes.org/contact-us.htm">www.cab-banes.org/contact-us.htm</a>
<b>Care Cluster 17 Psychosis and affective disorder - difficult to engage</b>			
	If children involved	FIService	The Family Information Service provides a comprehensive information service for families, professionals and young people. All enquiries will be dealt with in confidence. Tel 0800 073 1214 1 Big Database is the place to find out about organisations, support, events and other useful things going on in Bath and North East Somerset for families, children and young people aged 0-20 years. <a href="http://www.1bigdatabase.org.uk">www.1bigdatabase.org.uk</a>
	Education / employment / training / skills	DHI - Ring the Changes	Ring the Changes, a new scheme to give DHI clients work experience, is being launched Tel 01225 329411
		Genesis Trust -	Supports and helps people establish themselves in the community. Offers trainee placements for the long term unemployed; A listening ear, Information and advice, help and support Tel 01225 463549
	Assessment / treatment / support	Sirona Mental Health Floating Support Service	Social Care support for people with Mental Health problems who are not in residential care, supporting people to live independently. Mental Health Floating Support Service. Team Base: 59, Sedgemoor Road, Foxhill, Bath. Telephone: 01225 83709
		CMHT	Community Mental Health Teams (CMHTs) provide assessment and treatment for people living in the community who are experiencing severe mental health problems or difficulties. The aim is to enable you to continue to live in the community, according to your individual needs and wishes. The teams are made up of a number of different staff. These can include psychiatrists, community psychiatric nurses (CPNs), occupational therapists, social workers and other specialist staff. Tel Bath area 01225 731 631; NE Somerset area 01761 404 410
		Police	
		Interpretation/translation services	
	Drug and alcohol	Rockhall (SDAS)	Specialist Drug and Alcohol Services (AWP). A free at the point of delivery treatment service for those requiring input from a specialist drug and alcohol service. This includes counselling, psychological therapies, advice and information for people with alcohol or drug related problems. Tel 01225 359 900
		CDAS	Community Drug & Alcohol Service. Tel 07815927559

		New Highway (BADAS)	New Highway provides free, (formerly Bath Area Drugs Advisory Service - BADAS) confidential services for anyone concerned about their own, or someone else's drug use or drinking. Tel 01225 834 946
		DHI	Provide a range of services for people addressing drug and alcohol problems who are in housing need or at risk of becoming homeless through substance misuse. Services include: Supported 'dry' housing; abstinence based day care service, also provide a structured day care service for people who are detoxing or stabilised on methadone, contemplating abstinence, resettlement and floating support service, volunteering opportunities, counselling and advice; Outreach plus a training suite. New drug and alcohol recovery centre at The Beehive off Walcot Street, Bath ring 01225 329411
	Information / advice	Information Services	Wellaware - <a href="http://www.wellaware.org.uk">www.wellaware.org.uk</a> Council Connect - <a href="http://www.bathnes.gov.uk/contactus/Pages/councilconnect">www.bathnes.gov.uk/contactus/Pages/councilconnect</a> offices in Guildhall, Bath; The Hollies, Midsomer Norton; Riverside, Keynsham CAB - 0844 848 7919 <a href="http://www.cab-banes.org/contact-us.htm">www.cab-banes.org/contact-us.htm</a>