

# Mental Health Voluntary Sector Network Meeting

## Social care service redesign



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Commissioning

# Context

- Challenging financial environment
- national need to make savings,
- reorganisation of health services (and therefore of the integrated Community Health, Social Care and Housing Services)
- re-commission social care and Supporting People & Communities funded community services

# *Aim of redesign*

## *Vision, values, strategy*

- develop personalised services,
- expand peer led and localised support/activities
- centralise local information
- provide intensive support for people to remain in their own homes,
- support creative and practical activities that develop confidence and skills
- Increase access to mainstream community education, training, leisure and employment

# *What does it look like?*

- **Re-enablement service** – new, innovative, development opportunity, intensive (6-8 weeks), free, prevent admission, facilitate discharge, rebuild confidence and skills
- Accessed by crisis team, Community Mental Health Teams, GPs

## *What does it look like?*

- **Community Floating Support** - 'whole life' recovery focused support that reflects in practice the Recovery Star approach, enables people to return to their own home, make use of day activities, following re-enablement, first choice for some people to stay at home
- Accessed by CMHT's

# *Building Bridges to Wellbeing service*

- Person-centred planning approach,
- support transition from using mental health services to joining in with community-based activities,
- encourage / enable service users to become more involved in life domains such as employment, education, art, volunteering, faith communities and sports / leisure groups
- increase people's independence and integration into the local community.

# *What else*

- Employment development – retain and build links
- Quartet funding – increase and expand
- Creative engagement
- Well Aware database
- Advocacy – re-commission
- Environmental projects
- Telecare
- Working together – substance misuse services

# *We might.....*

- ..... not hold on to all of our services
- ..... not hold on to all of our funding
- ..... not hold on to all of our jobs

However, let's make sure that we do hold on to:

- our values
- our hope
- and our nerve