

What can I find on Well Aware?

Thousands of voluntary, Council, NHS, private and individual services that could help with your health and wellbeing.

Who can use Well Aware?

Anyone requiring details of services, organisations, activities or groups in Bristol, South Gloucestershire, Bath & North East Somerset and beyond.

How much does it cost to use Well Aware?

Nothing — it's absolutely free!

How can I use Well Aware?

At www.wellaware.org.uk you can choose from 52 languages, use our special Low Vision Resource and text only/high contrast settings, or hear our webpages talk with BrowseAloud.

What if I haven't got access to a computer to use Well Aware?

Just call (freephone) 0808 808 5252 and we will do the searching for you.

What if my group or organisation's not on Well Aware?

You can add it yourself using our quick and easy system, update it whenever you need to and even add your own logo — it won't cost a thing.

What if there's a service or group I know that's not on Well Aware?

Let us know and we will make sure it gets added on.

How To Contact Us:



Website: www.wellaware.org.uk
Email: info@wellaware.org.uk
Or search for Well Aware on Facebook!



Freephone: 0808 808 5252



Smartphone: Scan the Quick Response (QR) code above into your phone



Letter: Well Aware, The Care Forum,
The Vassall Centre, Gill Avenue,
Fishponds, Bristol BS16 2QQ



the care forum

Well Aware is run by **The Care Forum (registered charity no. 1053817)** in partnership with Bristol City Council, Bath & North East Somerset Council and South Gloucestershire Council, NHS Bristol, NHS B&NES and NHS South Glos. Images © The Care Forum/Eatcake/Change Picture Bank/Shutterstock.



Well Aware

Health & wellbeing

Well Aware – 
your route to...

already contains
1,000s
of health, wellbeing and
community services

www.wellaware.org.uk



Well Aware is a **free** resource for everyone in Bristol, South Gloucestershire and Bath & North East Somerset

What's On Well Aware?

Whether it's Action for Blind People or the Alzheimer's Society, Books on Prescription or Barnardo's South West, Care Direct or Credit Action – **wellaware.org.uk** is your A-Z of all the services out there for you. Here are just some of the things it could help you find:



Support around the Home



Home Maintenance / Adaptation



Getting Around



Personal Health Services



Socialising / Out and About



Living, Learning, Working




Emotional Support



Services for... People with Learning Difficulties, Senior Citizens, People with Disabilities, Carers, Gender Specific, Culturally Specific and more

LEARNING DIFFICULTIES RESOURCE

Well Aware has a special area for Learning Difficulties.

This is the **symbol to look for:** 

It is written in **Easy English.**



Well Aware is **FREE** for anyone to use.



Go to **www.wellaware.org.uk** to **try it today!**

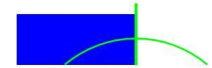
Mental Health Employment Portal

Well Aware's Mental Health Employment Portal is a **free online** database of services that can help anyone with mental ill health to find or keep a job. It can also help GPs, support workers, employers and anybody interested in improving mental health in their workplace.

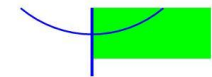


Mental Health Employment Portal

Through the portal you can access the information you need on the services that could help you, a patient or client, or friend or family member.



Work Aware



And through the portal's **Work Aware** section, put together with the help of the Bristol Employment Working Group, you can now access all the most relevant background documents to read on the issue too.

Go to **wellaware.org.uk** and click on the Mental Health Employment Portal button to find out more.