



Community Support at Home News and events March 2017

Trip Bristol Old Vic - Junkyard

Tuesday 14th March 7.30pm £12 including transport

Junkyard It's 1979, rubbish is on the streets of Lockleaze, and growing up is tricky for Fiz, Higgy and Ginger. Rick remembers what it's like to be a teenager. So when he decides to build a junk playground, he's pretty sure he has the charisma to get a bunch of reluctant kids involved. He's wrong.

Inspired by the true story behind the Lockleaze playground known as 'The Vench', is a story about Bristol, for Bristol, from BAFTA award-winning writer and Bristolian Jack Thorne .

Call Janie to book your place 0117 9515751



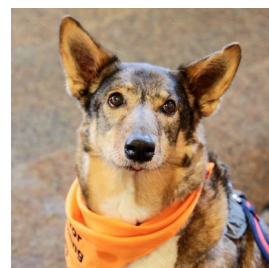
Tea and Talk Paws for Wellbeing

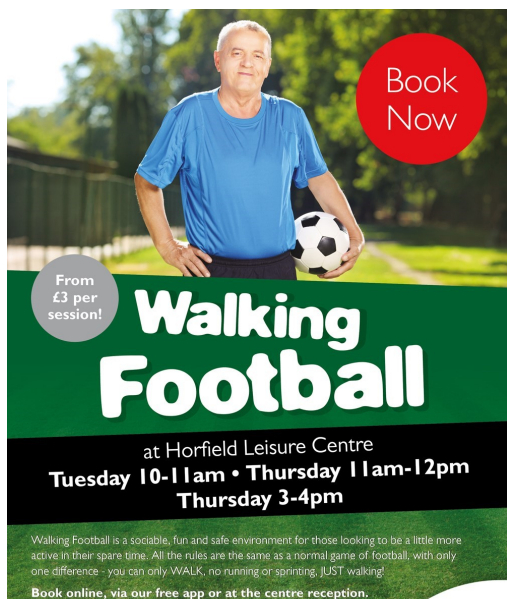
Tuesday 21st 2pm - 4pm at Jack Knight House

Paws for Wellbeing are a working group for Animal Assisted Activities and Animal Assisted Therapy for people in the Bristol area. Gina Holmes will be bringing her dogs along for us to play lots of fun games and to enjoy some canine cuddles.



Transport available - book with Janie on 0117 9515751





Book Now

From £3 per session!

Walking Football

at Horfield Leisure Centre
Tuesday 10-11am • Thursday 11am-12pm
Thursday 3-4pm

Walking Football is a sociable, fun and safe environment for those looking to be a little more active in their spare time. All the rules are the same as a normal game of football, with only one difference - you can only WALK, no running or sprinting, JUST walking!

Book online, via our free app or at the centre reception.

Horfield Leisure Centre
0117 903 1643



everyone
ACTIVE

Feel better for it

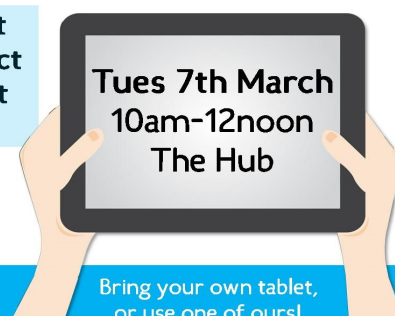
everyoneactive.com eaHorfield eaHorfield

FREE WORKSHOP

INTRODUCTION TO TABLETS

This workshop is aimed at complete beginners. Perfect for anyone thinking about buying a tablet or Ipad.

Sign up for your place:
0117 909 1749
info@connectlockleaze.com



Bring your own tablet,
or use one of ours!

Dates for your diary

Grow your own food course- Starts Thursday 2nd March 1 - 3pm for 6 weeks. To book call 01454 868570. Course takes place at Buzz Lockleaze Gainsborough Square.

FREE Macmillan Wellbeing Day for over 55s - Wednesday 8th March 11am - 2pm at Burgess Salmon 1 Glass Wharf. A day for people living with and beyond cancer and their carers. Lots of activities throughout the day call 0117 353 3042 to book and find out more. Transport available.

Monday Matinee- 13th from 2- 4pm. Free entry to see Disney's The Jungle Book, refreshments 50p

St Mary's Lunch -Tuesday 14th at 12pm . Just £4.50 for hot lunch, pudding and a cup of tea.

Buzz Lockelaze- FREE "Crafternoon", Thursday 16th 3 - 5pm. Make your own dream catcher - full demonstration then let your creative talents take over!

Coming Up April

Tea and Talk - Easter Bake Off

Tuesday 11th 2-4pm

Trip - Garden Centre

Thursday 27th 10-4pm