

FREE

Incredible Years Parenting Course

Redfield Educate Together Primary

Avonvale Road, Redfield, BS5 9RH

Thursdays 10am—12.30 pm (term time only)
2nd March—22nd June 2017

Call Ruby on 01179415886 or Vicky 07464989849 to book

For parents of children aged 2 - 10

The Incredible Years Course focuses on building positive parenting skills. It provides tools and strategies to encourage positive behaviour, build relationships and manage conflict.

*Free refreshments
Provided at every session*

TOPICS INCLUDE

Problem Solving
Communication Skills
The Importance of Play
Effective Limit Setting
Praising and Rewarding
Handling Misbehaviour



**Free crèche, must
be booked!**



South Bristol Early Help
0117 9037770

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