

Lisa Thomas Poetry Competition - Regulations

- 1 The South West Division Lisa Thomas Poetry Competition will be awarded annually. It will take the form of a competition in which anyone with a connection with mental health will be invited to submit an unpublished poem with a theme related to any aspect of mental health. All entrants must reside in the geographical region of the Royal College of Psychiatrists South West Division (boundaries can be seen on the map at <http://www.rcpsych.ac.uk/workinpsychiatry/divisions/southwest.aspx> or email the South West Division office).
- 2 All entrants must have some connection with mental health i.e. people who use mental health services or their family/friends, professionals providing care, people working in the mental health sector, i.e. ward clerks, secretaries, cleaners, etc.
- 3 Entries are restricted to a maximum of two poems per entrant and should be produced on 1 sheet of A4, with a maximum of 40 lines.
- 4 There will be two prizes - first and second - and these will be a sum of money to be reviewed by the Division's Executive Committee from time to time:
 - First prize - £100
 - Second prize - £50
- 5 The prizes will be awarded only if, in the opinion of the judge, at least one entry is of a sufficient standard to merit a prize.
- 6 The judges will be a poet, a service user/carer and a member of the Executive Committee.
- 7 The judges' views will be final. The judges will not be available for correspondence with entrants on any subject related to the assessment of entries.
- 8 The aim of the prize is to raise awareness of and stimulate interest in mental health issues amongst local communities using a non-stigmatising and inclusive medium.
- 9 The prize will be presented at the Spring Biannual Meeting each year.
- 10 Only the winners will be notified.
- 11 The poems of the winners will be published on the Royal College of Psychiatrists website and in the Programme and Abstracts booklet for the Spring Biannual Meeting.

Copies of these regulations and an entry form can be obtained from the South West Division Office.

Poetry Competition Officer: Dr Paul Winterbottom, Consultant Psychiatrist

South West Division Office: Tania Leigh, Royal College of Psychiatrists, South West Division Office, Coombe Lodge, Blagdon, North Somerset BS40 7RG

Royal College of Psychiatrists South West Division



Lisa Thomas Poetry Competition – Entry Form 2017

I am submitting an entry for the South West Division's Lisa Thomas Poetry Competition Prize.

Name _____

Address _____

Connection with mental health _____

Telephone number _____

Email address _____

Title of poem _____

Only two poems per entrant can be accepted with a maximum of 40 lines. Any entry with more than two poems or 40 lines per poem will be disqualified.

I understand that my entry must be at the South West Division Office by 31 March 2017 and that the judges' decision will be final. The South West Division will not enter into any correspondence regarding these awards.

I also agree that should this entry win a prize that the South West Division of the Royal College of Psychiatrists can reproduce it in any of their material i.e. newsletter, meetings programmes, web site etc together with any photographs taken at the award ceremony.

I confirm that I have read and understood the regulations.

The prizes will be awarded at the South West Division Spring Biannual Meeting at Dartington Hall on Friday 12 May 2017 and should I be one of the winners I accept that I have to make my own travel arrangements.

Winners will be advised by email. Those who are unsuccessful will not be notified.

Signed _____ Date _____

Send to: Tania Leigh, South West Division Office, Royal College of Psychiatrists, Coombe Lodge, Blagdon, North Somerset, BS40 7RG, Email: Tania.Leigh@rcpsych.ac.uk