

BNSSG Referral Pathway for Smokers Who Are Pregnant or Trying To Become Pregnant

PRE-CONCEPTION

Health professionals who may be involved with the care of a woman who is trying to get pregnant could include:

GP/Doctor
Midwife
Fertility Clinic
Pharmacist
Nurse
Health Visitor

Each has a responsibility to...

ASK

ASK

- About her smoking status.
- If anyone in the household smokes.

ADVISE

ADVISE

- About the risks of smoking in pregnancy.
- Of the benefits of quitting before becoming pregnant.
- About the risks of second-hand smoke.
- The benefits of smokefree homes and vehicles.
- Help and support is available, and that this can prove more successful than trying to quitting alone.

ACT

ACT

- Offer referral to Smokefree Services
- Provide with the NHS Pregnancy Smoking Helpline number: 0300 123 1044
- Provide with relevant literature.

PREGNANCY

Health professionals or other staff who may come into contact with a woman during her pregnancy might include:

GROUP 1: Midwives

GROUP 2: OTHER HEALTH PROFESSIONALS

GP
Consultant
Hospital Doctor
Nurse
Healthcare Assistant
Health Visitor
Sonographer
Physiotherapist
Specialist Midwife (Diabetes, Drugs)
Early Pregnancy Clinic

ASK

- The woman if she smokes
- If anyone in the home smokes

ADVISE

- Of the benefits of stopping smoking for both mum and baby
- About Smokefree homes and vehicles
- Of the risks of second-hand smoke
- To quit, not cut down
- Provide relevant literature
- Promote patches & e-cigarettes
- Give NHS Pregnancy Smoking Helpline number: 0300 123 1044

ACT

- Offer referral to Smokefree services
- Record in handheld notes

RESPONSIBILITIES

AT BOOKING:

Perform routine Carbon Monoxide (CO) monitoring on ALL women, and partner if present

ASK

- About her smoking status
- If anyone in the home smokes

Record smoking status and CO level on maternity IT database and in maternity record

ADVISE

- Of the benefits of stopping smoking for both mum and baby
- About Smokefree homes and vehicles
- Of the risks of second-hand smoke
- To quit, not cut down
- Provide relevant literature & promote patches & e-cigarettes
- Give NHS Pregnancy Smoking Helpline number: 0300 123 1044

ACT

- Automatically refer the following to Smokefree Services
 - Women who say they smoke
 - Women who have recently quit smoking (in the last two weeks)
 - Women with a CO reading of 4ppm or greater

- Complete referral on Quit Manager
- Record in maternity record
- Make a note to ask about smoking at next appointment
- Provide immediate access to dual NRT (patch and 1 other product) if in-patient
- Advise patient to bring in own NRT/E-cig if planned admission

At follow up AN appointments.....

- Perform routine CO monitoring on all documented smokers
- Record in hand held notes
- Discuss smoking status
- Ask if client has been contacted by Smokefree Services if relevant

No

- Re-refer on Quit Manager
- Call Smokefree service

Yes & service accepted

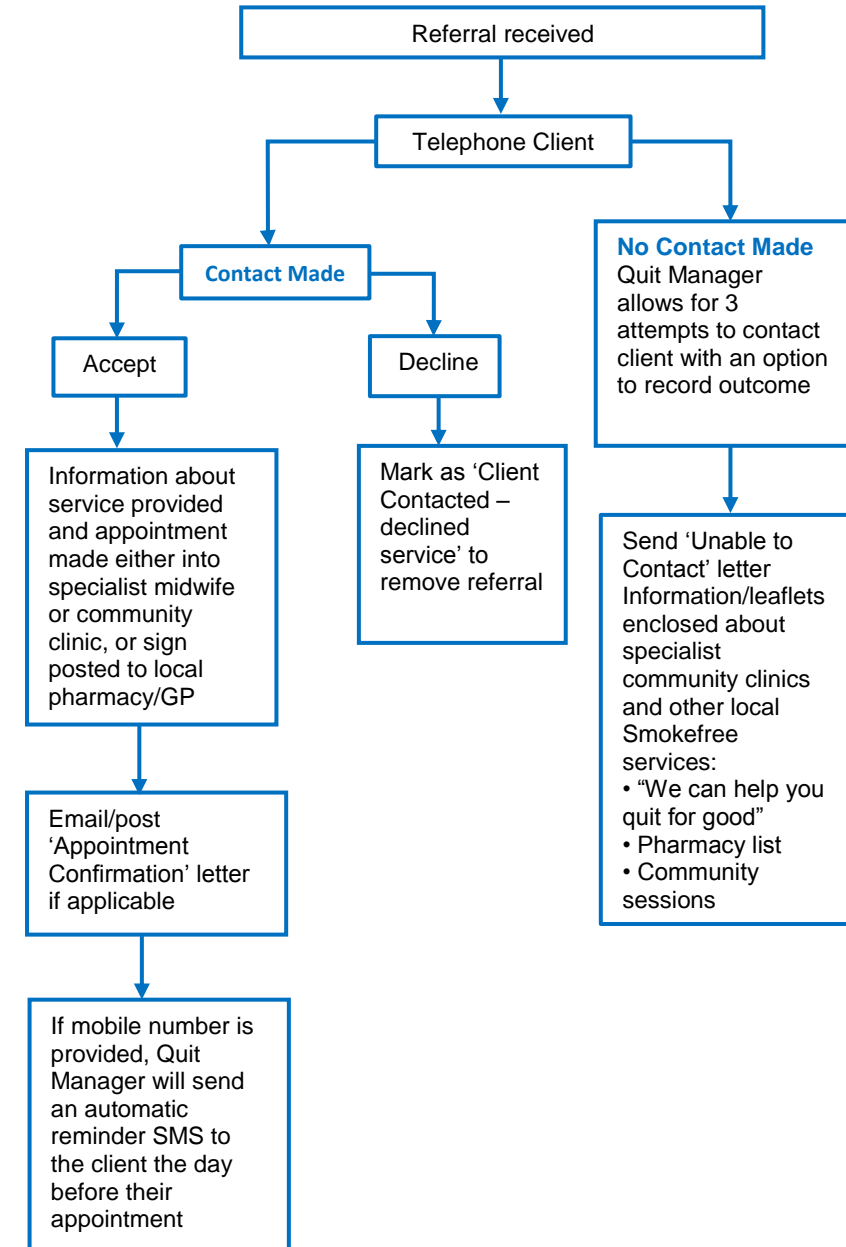
- Discuss progress
- Offer positive feedback
- Record in handheld notes

Yes, but service declined

- Remain open and non-judgemental
- Keep offer of referral open
- Record in handheld notes

REFERRALS & APPOINTMENTS

All referrals to Smokefree services will be contacted and offered an appointment or signposted to other community Smokefree services



Smokefree North Somerset
Call: 01275 546744 Email: smokefree@n-somerset.gov.uk
Web: www.smokefreenorthsomerset.co.uk
Quit Manager: <https://www.northsomersetquitmanager.co.uk>

LiveWell Bristol
Call: 0117 9222921 Email: livewell@bristol.gov.uk
Web: www.bristol.gov.uk/livewell
Quit Manager: <https://www.bristolquitmanager.co.uk>

Smokefree South Gloucestershire
Call: 01454 865502 Email: smokefree@southglos.gov.uk
Web: www.southglos.gov.uk/smokefree
Quit Manager: <https://southglos.quitmanager.co.uk>