BNSSG Referral Pathway for Smokers Who Are Pregnant or Trying To Become Pregnant

**PRE-CONCEPTION**
Health professionals who may be involved with the care of a woman who is trying to get pregnant could include:
- GP/Doctor
- Midwife
- Fertility Clinic
- Pharmacist
- Nurse
- Health Visitor

Each has a responsibility to...

**PREGNANCY**
Health professionals or other staff who may come into contact with a woman during her pregnancy might include:

**GROUP 1:** Midwives

**GROUP 2:** OTHER HEALTH PROFESSIONALS
- GP
- Consultant
- Hospital Doctor
- Nurse
- Healthcare Assistant
- Health Visitor
- Sonographer
- Physiotherapist
- Specialist Midwife (Diabetes, Drugs)
- Early Pregnancy Clinic

**RESPONSIBILITES**

**AT BOOKING:**
Perform routine Carbon Monoxide (CO) monitoring on ALL women, and partner if present

ASK
- About her smoking status
- If anyone in the home smokes

Record smoking status and CO level on maternity IT database and in maternity record

ADVISE
- Of the benefits of stopping smoking for both mum and baby
- About Smokefree homes and vehicles
- Of the risks of second-hand smoke
- To quit, not cut down
- Provide relevant literature & promote patches & e-cigarettes
- Give NHS Pregnancy Smoking Helpline number: 0300 123 1044

ACT
- Automatically refer the following to Smokefree Services
  - Women who say they smoke
  - Women who have recently quit smoking (in the last two weeks)
  - Women with a CO reading of 4ppm or greater

At follow up AN appointments....
- Perform routine CO monitoring on all documented smokers
- Record in hand held notes
- Discuss smoking status
- Ask if client has been contacted by Smokefree Services if relevant

**REFERRALS & APPOINTMENTS**
All referrals to Smokefree services will be contacted and offered an appointment or signposted to other community Smokefree services

No Contact Made
- Quit Manager allows for 3 attempts to contact client with an option to record outcome

Referral received
- Telephone Client

Accept
- Information about service provided and appointment made either into specialist midwife or community clinic, or sign posted to local pharmacy/GP

Decline
- Mark as 'Client Contacted - declined service' to remove referral

If mobile number is provided, Quit Manager will send an automatic reminder SMS to the client the day before their appointment

Evidence Of Referral
- Email/post 'Appointment Confirmation' letter if applicable

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References:
- Co-written by Kate Fuller (Specialist Health Improvement Practitioner, South Glos Council) & Linda Hicken (Community Midwifery Manager, North Bristol NHS Trust).