Diagram: *Timeline of successful cessation*

The timeline chart below illustrates rates of stopping smoking across the cohort at various stages in the referral pathway, from ‘pre-intervention’ (before the first meeting with a midwife), through to after birth.

### Key

| Red: still smoking | Amber: cut down | Green: Not smoking |

### Pre-intervention (baseline)

- Smoking: 39
- Cut down: 2
- Stopped: 0

### After the first intervention by the midwife:

- Smoking (including increased): 3
- Cut down: 34
- Stopped: 6

### Smoking rates during remaining pregnancy:

- Smoking (including increased): 13
- Cut down: 14
- Stopped: 16

### Smoking rates after birth

- Smoking: 30
- Cut down: 1
- Stopped: 6