

Community Learning West

April update

FREE courses for 2021

community
learning west

Community Learning West offers a range wide of **FREE** courses to people living in Bristol and/or surrounding areas, aged 19 or over who have few or no formal qualifications and face significant barriers to further learning and employment.

Most courses will take place online using Zoom, Google Classroom, Facebook, etc. Some will take place face to face as lockdown restrictions are lifted. For online courses, learners need a smart phone, laptop or tablet and data/Wi-Fi for internet use. Community Learning West has some tablets to loan out and Wi-Fi bundles to help learners with limited digital access. Please contact Community Learning West by email lctinfo@bristol.gov.uk for more details. In addition, Community Learning South Team are working with Children's Centres in south Bristol to support families with eligible free 2-year-old nursery places to access free refurbished laptops with support and learning online. Three nurseries schools are part of the pilot which aims to be rolled out to other nurseries across the city. Contact Lucy Fieldhouse at lucy.fieldhouse@bristol.gov.uk or Helen Richards at helen.richards@bristol.gov.uk to find out more.

Courses starting soon...

Non-accredited Maths and English



*English for Work

For adults who want to improve their speaking, listening, reading and writing skills to look for work or progress in their current employment. 2pm to 4pm, Mondays for 8 weeks **from 19/04/21**. Online using ZOOM.

Phone 0117 9739744 or email information@youtheducationsservice.org.uk.

Get better at Writing

Tips and tools to help adults develop their writing skills for tests/exams, work, or other setting. 12.45pm to 2.45pm, Tuesdays for 5 weeks **from 20/04/21**. Online or classroom based at The Park, Daventry Road, BS4 1DQ. Contact Lucy Fieldhouse on 07788353446 or email lucy.fieldhouse@bristol.gov.uk

Brush up your Maths

For adults who want to improve their maths skills, gain confidence and work towards gaining a qualification. 10am to 12noon, Fridays for 6 weeks **from 23/04/21**. Online using ZOOM and Google classroom. Contact Helen Richards on 07760990855 or email helen.richards@bristol.gov.uk

***Make Words Work**

This course will encourage learners to write for pleasure and support them to improve their written skills. 2pm to 4pm, Tuesdays for 9 weeks **from 27/04/21**. Classroom based at YES Unit 3, Hide Market, West Street, Bristol, BS2 OBH. Phone 0117 9739744 or email information@youtheducationsservice.org.uk.

***Make Numbers Work**

For adult learners who want to develop their confidence, skills and understanding of maths and how to use it in everyday life in a supportive small group setting. 10 am to 12noon, Tuesdays for 9 weeks **from 27/04/21**. Classroom based at YES, Unit 3, Hide Market, West Street, Bristol, BS2 OBH. Phone 0117 9739744 or email information@youtheducationsservice.org.uk.

Brush Up Your English for Work

Improve your speaking and listening skills for interviews and presentations, improve your writing skills for finding a job. 1pm to 3pm, Thursdays for 10 weeks **from 06/05/21**. Online or classroom based in Lawrence Weston area. Contact Suzanne Gaffney on 07887451776 or email suzanne.gaffney@bristol.gov.uk

Fun British Sign Language

Learn BSL to communicate better with those who are deaf or hard of hearing. 10am to 12noon, Thursdays for 7 weeks **from 13/05/21**. Online using ZOOM. Contact JP Evans on 07795 390 667 or email julie.evans@n-somerset.gov.uk

Get better at Reading

Build your reading and comprehension skills to help you with tests/exams or everyday life. 12.45pm to 2.45pm, Tuesdays for 5 weeks **from 08/06/21**. Online or classroom based at The Park, Daventry Road, BS4 1DQ. Contact Lucy Fieldhouse on 07788353446 or email lucy.fieldhouse@bristol.gov.uk



IT and Employment Skills

***Introduction to Remote Learning**

3-hour workshop will help you use Zoom and stay safe online. **From 01/04/21**. Online or classroom based at The Greenway Centre, Doncaster Road, BS10 5PY. Contact Kim Payne on 07917848757 or email kim.payne@cmtservices.co.uk

***Confidence in Employability**

15-hour course that can be completed in modules at a time that suits you. Covers personal skills and attributes, writing a good CV and covering letter and job searching using a range of tools. Prepare for the interview and get that job! **From 01/04/21**. Online or classroom based at The Greenway Centre, Doncaster Road, BS10 5PY. Contact Kim Payne on 07917848757 or email kim.payne@cmtservices.co.uk

Introduction to Health and Beauty

Learn new skills and explore qualifications needed for working in the sector. 1pm to 3pm, day, to be confirmed, for 6 weeks **from 19/04/21**. Online using ZOOM and Google classroom. Contact Helen Richards on 07760990855 or email helen.richards@bristol.gov.uk

Developing Employability Skills

An opportunity to improve your chances of finding work. Improve your speaking, listening, reading, writing and ICT skills to help you look for work. 12.30pm to 2.30pm, Mondays for 8 weeks **from 19/04/21**. Classroom based at Quaker Centre, Champion Square, St Jude's, Bristol BS29DB. Contact Edwina Provansal on 07825315820 or email edwina.provansal@bristol.gov.uk

Health and Social Care Level 1 Award

Gain the basic skills and knowledge with this first stage qualification to prepare to work across the health and social care sector. Includes visits from local social care employers. 12.30pm to 2.30pm, Wednesdays for 10 weeks **from 21/04/21**. Online using ZOOM and Google Classroom. Contact Edwina Provansal on 07825315820 or email edwina.provansal@bristol.gov.uk

Introduction to becoming a volunteer

Explore the benefits of volunteering and a range of volunteering opportunities available. Match interests and skills to volunteering roles. 12.30pm to 2.30pm, Thursdays for 10 weeks **from 22/04/21**. Classroom based at Quaker Centre, Champion Square, St Jude's, Bristol BS29DB. Contact Edwina Provansal on 07825315820 or email edwina.provansal@bristol.gov.uk

Paediatric First Aid

Learn how to deal with first aid situations with confidence and gain a qualification. 10am to 12noon, Fridays for 6 weeks **from 23/04/21**. Online using ZOOM and Google classroom. Contact Helen Richards on 07760990855 or email helen.richards@bristol.gov.uk

Emergency First Aid At Work

Accredited course. Gain a certificate with Indigo Bubble Training. Online sessions plus a practical assessment session at Ashton Court to be arranged. Times and sessions to be confirmed **from 26/04/21**. Contact Suzanne Gaffney on 07887451776 or email suzanne.gaffney@bristol.gov.uk

Introduction to Health and Social Care

This online course will give learners an overview of the services and job opportunities within health and social care in preparation for moving onto the Level 1 Award in HSC & CYPS. If you need help to get online including equipment please ask. 1pm to 3pm, Wednesdays for 6 weeks **from 28/04/21**. Contact Shani Smith on 07775227352 or email shani.smith@bristol.gov.uk

Employability in Health and Social Care

Help with interview preparation and CV writing for a job in the care sector. Local employers will offer advice on jobs and apprenticeships you can apply for. 10am to 12noon, Fridays for 5 weeks **from 30/04/21**. Contact Julie St Jean Dick on 07469 413348 or email Julie.st.jean.dick@bristol.gov.uk

Community Emergency response /Volunteer induction

A short introduction to being a volunteer. Includes keeping yourself and others safe; effective communication, recognising boundaries and signposting. Contact JP Evans on 07795 390 667 or email Julie.evans@n-somerset.gov.uk

Introduction to Childcare. COMING SOON

A four-week introductory course to explore working in childcare followed by a level 1 course in Childcare. Days and times to be confirmed. Contact Helen Richards on 07760990855 or email helen.richards@bristol.gov.uk

Get Digital/Intro to Digital Skills. COMING SOON

A computer course for the terrified! Get started using Zoom. The course will cover the basics including using email, strong passwords, e-safety using the internet. 1pm to 3pm Tuesdays, start date TBC. To register your interest, contact Suzanne on 07887451776 or email suzanne.gaffney@bristol.gov.uk

Basic Computers. COMING SOON

A follow- on computer course for the terrified! Get started using Zoom, it will cover the basics including using email, Word, e-safety using the internet. Start date TBC. To register your interest, contact Suzanne on 07887451776 or email suzanne.gaffney@bristol.gov.uk

Intro to Finding Work in Cleaning. COMING SOON

This course will boost confidence in applying for work in this sector and will include COSHH principles at work. Gain employability skills. It will link to applying for jobs in NHS. 12.30pm to 3pm, 1 week and 4 sessions, start date TBC. Contact Suzanne Gaffney on 07887451776 or email suzanne.gaffney@bristol.gov.uk

Family Learning



Bring The Gruffalo to Life!

Support your child's love of books, using games, cooking and crafts etc. An after-school club for you and the children together, join in the fun! 4.30pm to 6pm, Tuesdays start date TBC. Contact Suzanne on 07887451776 or email suzanne.gaffney@bristol.gov.uk

The 99 Club. COMING SOON

New after school club for all the family focusing on times tables. Contact Helen Richards on 07760990855 or email helen.richards@bristol.gov.uk

Introduction to Playing Outdoors. COMING SOON

Practical support and ideas on how to play outdoors with your children and use nature safely. 1pm to 3pm, Mondays for 4 weeks **from 23/06/21**. Contact Suzanne on 07887451776 or email suzanne.gaffney@bristol.gov.uk

Love Learning about Money. COMING SOON

Workshops coming up where you can help your child learn about money. Free online resources, fun games and activities. Contact Lucy Fieldhouse on 07788353446 or email lucy.fieldhouse@bristol.gov.uk

Confidence & Aspirations, Health & Wellbeing



Live Well Eat Well

Learn how to select and cook healthy meals for you, your families and friends and save money at the same time. 10am to 12 noon, day to be confirmed for 6 weeks **from 19/04/21**. Online using ZOOM and Google classroom. Contact Helen Richards on 07760990855 or email helen.richards@bristol.gov.uk

***Dyslexic Support**

A supportive course for adults who have been diagnosed as dyslexic or think they are. Share experiences and develop knowledge of self-help strategies to study and work with greater confidence. 10am to 12noon, Fridays for 5 weeks **from 30/04/21**. Phone 0117 9739744 or email information@youtheducationsservice.org.uk.

Prepare to Pass the Driving Theory Test

Improve your understanding of the rules of driving and the Highway Code. Gain confidence answering multiple choice questions. 10am to 12noon, Wednesdays for 7 weeks **from 05/05/21**. Online using ZOOM. Contact JP Evans on 07795 390 667 or email Julie.evans@n-somerset.gov.uk

***Confidence for Learning** Workshops for learners wishing to build confidence to re-engage with learning. Includes: • Recognising personal learning styles • Dealing with new information • Improving short-term memory. 2pm to 4pm, Wednesdays for 2 weeks **from 05/05/21**. Phone 0117 9739744 or email information@youtheducationsservice.org.uk.

The Health Benefits of Laughter Yoga

Experience the health benefits of breathing, open posture and laughter. A toolbox of tips and techniques that will improve mood ease stress and raise your energy. 10am to 11.30am, Thursdays for 4 weeks **from 06/05/21**. Online using ZOOM. Contact JP Evans on 07795 390 667 or email Julie.evans@n-somerset.gov.uk

Becoming a novelist

Make a start on that novel, feel supported to return to work you've started. Learn about planning, character, plot, theme and setting. Mondays for 8 weeks **from 10/05/21**. Contact Jo Urch on 07920 082952 or email joan.urch@n-somerset.gov.uk

Fun British Sign Language

Learn BSL to communicate better with those who are deaf or hard of hearing. 10am to 12noon, Thursdays for 7 weeks **from 13/05/21**. Online using ZOOM. Contact JP Evans on 07795 390 667 or email Julie.evans@n-somerset.gov.uk

Community Consultation – Why and How

Learn how to consult with your community about big, new developments at SS Great Britain and make sure your stories are included in its history and its future. 1pm to 3pm, Mondays for 9 weeks from 17/05/21. Contact Lucy Fieldhouse on 07788353446 or email lucy.fieldhouse@bristol.gov.uk

Feel Good Outdoors. North Bristol (Lawrence Weston Community Farm)

Well-being course focusing on the benefits of being outdoors. Mix of activities, information and volunteering opportunities. 10am to 12.30pm, Thursdays for 6 weeks **from 10/06/21**. Contact Suzanne on 07887451776 or email suzanne.gaffney@bristol.gov.uk

Feel Good Outdoors. South Bristol (Recatch Community Gardens)

Well-being course focusing on the benefits of being outdoors. Mix of activities, information and volunteering opportunities. 10am to 12.30pm, Fridays for 6 weeks **from 11/06/21**. Contact Lucy Fieldhouse on 07788353446 or email lucy.fieldhouse@bristol.gov.uk



ESOL Conversation Clubs and Courses

ESOL Conversation Clubs

To join a friendly Zoom meeting contact esolconversationclubs@bristol.gov.uk, for more information check our website www.esolcc.org or visit Learn English in Bristol website: www.LEB.community

ESOL for Beginners

10am to 12noon, Wednesdays for 10 weeks from 22/04/21. Online using ITS Learning and ZOOM video calls. Contact Julie St Jean Dick on 07469 413348 or email Julie.st.jean.dick@bristol.gov.uk

English for Living in the UK

For people who are Entry 2 level English or above and are keen to develop/use online learning skills. Not exam focussed. 10am to 12noon, Thursdays for 12 weeks **from 22/04/21**. Online using ITS Learning and ZOOM video calls Contact Julie St Jean Dick on 07469 413348 or email Julie.st.jean.dick@bristol.gov.uk

ESOL Advanced

For Entry level 3 learners and above. 9.30am to 11.30am, Fridays for 10 weeks from 23/04/21. Online using ZOOM calls and Google classroom. Contact Julie St Jean Dick on 07469 413348 or email Julie.st.jean.dick@bristol.gov.uk

ESOL for Employment

Level to be confirmed. 10am to 12noon, Tuesdays for 10 weeks **from 27/04/21**. Online using email and ZOOM. Contact Suzanne on 07887451776 or email suzanne.gaffney@bristol.gov.uk

ESOL for Beginners

Suitable for adults at Pre-Entry and Entry Level 1 English. 10am to 12noon, Wednesdays for 10 weeks **from 28/04/21**. Contact Suzanne on 07887451776 or email suzanne.gaffney@bristol.gov.uk

ESOL – Literacy for Health and Well-being. COMING SOON

Suits Entry Level 1 to Level 1. Start date TBC. Contact Suzanne on 07887451776 or email suzanne.gaffney@bristol.gov.uk

What our learners say...

- *My teacher is such a warm, positive and motivating person that after every lesson I was feeling very 'powerful' and impossible things become possible.*
- *Helped me with my mental health as well as learning new skills and feeling productive*
- *Really enjoyed the course very informative. Easy & practical. All of the course was very helpful.*