

Community Learning West – FREE courses for people living in Bristol and/or surrounding areas, aged 19 or over who have few or no formal qualifications and face significant barriers to further learning and employment. If you are worried about getting started with online learning please call the contact number for the course you are interested in and they will be able to organise support for you.

Course Title & Description	Time	Start Date & Day	No. of weeks	Contact	Delivery
Employability					
<p>*Introduction to Remote Learning Learn how to use Zoom, set up an email account with a safe password and staying safe online.</p>	A 3hr workshop to be completed at a time convenient to you.	Flexible Monday to Friday from 1 to 30 April	1 session	Kim Payne 07917 848757 Kim.payne@cmtservices.co.uk	Online or face to face at The Greenway Centre Doncaster Road Southmead Bristol BS10 5PY
<p>*Confidence in Employability This course covers personal skills and attributes, writing a good CV and cover letter, using different resources to search for jobs, preparing for an interview.</p>	Flexible	Monday to Friday from 1 to 30 April	6 modules	Kim Payne 07917 848757 Kim.payne@cmtservices.co.uk	Online or face to face at The Greenway Centre Doncaster Road Southmead Bristol BS10 5PY
<p>Community Emergency response /Volunteer induction A short introduction to being a volunteer. Includes keeping yourself and others safe; effective communication, recognising boundaries and signposting.</p>	Flexible	Flexible	Takes approx. 2-3 hours (can dip in and out)	JP Evans 07795 390 667 Julie.evans@n-somerset.gov.uk	Online using Google classroom.
<p>*English for Work This course will provide adults with English speaking, listening, reading and writing skills to look for work or progress in their current employment.</p>	2pm to 4pm	19/04/21 Mondays	8	Phone 0117 9739744 or email information@youtheducationservice.org.uk	Online using ZOOM
<p>Developing Employability Skills An opportunity to improve your chances of finding work. Improve your speaking, listening, reading, writing and ICT skills to help you look for work.</p>	12.30pm to 2.30pm	19/04/21 Mondays	8	Edwina Provansal 07825315820 edwina.provansal@bristol.gov.uk	Quaker Centre Champion Square St Judes Bristol BS29DB

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Introduction to Health and Beauty Learn new skills and explore qualifications needed for working in the sector.	1pm to 3pm	Starting week 19/04/21 Day TBC	6	Helen Richards 07760990855 Helen.richards@bristol.gov.uk	Online using ZOOM and Google classroom. Possible face to face TBC
Health and Social Care Level 1 Award Gain the basic skills and knowledge with this first stage qualification to prepare to work across the health and social care sector. Includes visits from local social care employers.	12.30pm to 2.30pm	21/04/21 Wednesdays	10	Edwina Provansal 07825315820 edwina.provansal@bristol.gov.uk	Online using ZOOM and Google classroom
Introduction to becoming a volunteer Explore the benefits of volunteering and a range of volunteering opportunities available. Match interests and skills to volunteering roles.	12.30pm to 2.30pm	22/04/21 Thursdays	10	Edwina Provansal 07825315820 edwina.provansal@bristol.gov.uk	Quaker Centre Champion Square St Judes Bristol BS29DB
Paediatric First Aid Learn how to deal with first aid situations with confidence and gain a qualification.	10am to 12noon	23/04/21 Fridays	6	Helen Richards 07760990855 Helen.richards@bristol.gov.uk	Online using ZOOM and Google classroom
Emergency First Aid At Work Accredited course. Gain a certificate with Indigo Bubble Training.	Online sessions plus a practical assessment session at Ashton Court to be arranged.	26/04/21 Mondays	TBC	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Online using ZOOM, Google classroom and email. Suits adults at Entry level 3 English and above
Introduction to Health and Social Care This online course will give learners an overview of the services and job opportunities within health and social care in preparation for moving onto the Level 1 Award in HSC & CYPS. If you need help to get online including equipment please ask.	10am to 12noon	28/04/21 Wednesdays	6	Shani Smith 07775227352 shani.smith@bristol.gov.uk	Online
Employability in Health and Social Care Help with interview preparation and CV writing for a job in the care sector. Local employers will offer advice on jobs and apprenticeships you can apply for.	10am to 12noon	30/04/21 Fridays	5	Julie St Jean Dick 07469 413348 Julie.st.jean.dick@bristol.gov.uk	Online using ZOOM calls and Google classroom.

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Introduction to Childcare A four-week introductory course to explore working in childcare followed by a level 1 course in Childcare.	TBC	Starting after Easter days and times TBC	4	Helen Richards 07760990855 Helen.richards@bristol.gov.uk	Online using ZOOM and Google classroom. Possible face to face TBC
Intro to Finding Work in Cleaning This course will boost confidence in applying for work in this sector and will include COSHH principles at work. Gain employability skills. The course will link to applying for jobs in NHS.	12.30pm to 3pm	Monday to Thursday Start date TBC when we have enough learners to start the course.	4	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Online using ZOOM and email. Suits English levels Entry 3 and above
Brush Up Your English for Work Improve your speaking and listening skills for interviews and presentations, improve your writing skills for finding a job.	1pm to 3pm	06/05/21 Thursdays TBC	10	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Online or classroom based in Lawrence Weston area
IT Skills					
Get Digital/Intro to Digital Skills A computer course for the terrified! Get started using Zoom, it will cover the basics including using email, strong passwords, e-safety using the internet.	1pm to 3pm	20/04/21 Tuesdays Start date TBC when we have enough learners to start the course. It will run again in June	4	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Online using ZOOM. Suits all levels as support can be given.
Basic Computers For The Terrified Learn how to use Zoom. Includes using Word, job searches using the internet, emails, e safety and more. A progression course from Get Digital/Intro to Digital Skills	TBC	TBC	5 to 6	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Online using ZOOM and Google classroom. Suits English levels Entry 3 and above
Basic Computers A follow- on computer course for the terrified! Get started using Zoom, it will cover the basics including using email, Word, e-safety using the internet.	TBC	TBC	6	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Online using ZOOM and Google classroom. Suits all levels as support can be given.

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Confidence & Aspirations, Health & Wellbeing					
Live well eat well A course to explore better ways of eating and keeping well plus saving money.	10am to 12noon	Starting week 19/04/21 Day TBC	6	Helen Richards Helen.richards@bristol.gov.uk 07760990855	Online using ZOOM and Google classroom. Possible face to face TBC
*Dyslexic Support A supportive course for adults who have been diagnosed as dyslexic or think they are. Share experiences and develop knowledge of self-help strategies to study and work with greater confidence.	10am to 12noon	30/04/21 Fridays	5	Phone 0117 9739744 or email information@youtheducationservice.org.uk	Face to face at YES Unit 3 Hide Market West Street Bristol BS2 OBH
Prepare to Pass the Driving Theory Test Improve your understanding of the rules of driving and the Highway Code. Gain confidence answering multiple choice questions.	10am to 12noon	05/05/21 Wednesdays	7	JP Evans 07795 390 667 Julie.evans@n-somerset.gov.uk	Online using ZOOM
*Confidence for Learning Workshops for learners wishing to build confidence to re-engage with learning. Includes: <ul style="list-style-type: none"> • Recognising personal learning styles • Dealing with new information • Improving short-term memory 	2pm to 4pm	05/05/21 Wednesdays	2	Phone 0117 9739744 or email information@youtheducationservice.org.uk	Face to face at YES Unit 3 Hide Market West Street Bristol BS2 OBH
The Health Benefits of Laughter Yoga Experience the health benefits of breathing, open posture and laughter. A toolbox of tips and techniques that will improve mood ease stress and raise your energy.	10am to 11.30am	06/05/21 Thursdays	4	JP Evans 07795 390 667 Julie.evans@n-somerset.gov.uk	Online using ZOOM
Becoming a novelist Make a start on that novel, feel supported to return to work you've started. Learn about planning, character, plot, theme and setting.		10/05/21 Mondays	8	Jo Urch 07920 082952 joan.urch@n-somerset.gov.uk	By email

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Fun British Sign Language Learn BSL to communicate better with those who are deaf or hard of hearing.	10am to 12noon	13/05/21 Thursdays	7	JP Evans 07795 390 667 Julie.evans@n-somerset.gov.uk	Online using ZOOM
Community Consultation – Why and How Learn how to consult with your community about big, new developments at SS Great Britain and make sure your stories are included in its history and its future.	1pm to 3pm	17/05/21 Mondays	9	Lucy Fieldhouse 07788353446 Lucy.fieldhouse@bristol.gov.uk	Face to face at Knowle West Health Park and SS Great Britain
Feel Good Outdoors. North Bristol Wellbeing course focusing on the benefits of being outdoors. Mix of activities, information and volunteering opportunities.	10am to 12.30pm	10/06/21 Thursdays	6	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Face to face at Lawrence Weston Community Farm, BS11 - following COVID secure procedures
Feel Good Outdoors. South Bristol Well-being course focusing on the benefits of being outdoors. Mix of activities, information and volunteering opportunities.	10am to 12.30pm	11/06/21 Fridays	6	Lucy Fieldhouse 07788353446 Lucy.fieldhouse@bristol.gov.uk	Face to face at Recatch Community Gardens BS4 - following COVID secure procedures
Non accredited Functional Skills, ESOL & Language					
ESOL Conversation Clubs	Various times			esolconversationclubs@bristol.gov.uk for more information check our website www.esolcc.org	Online using ZOOM
Get better at Writing Tips and tools to help you develop your writing skills for tests/exams, work, or other setting.	12.45pm to 2.45pm	20/04/21 Tuesdays	5	Lucy Fieldhouse 07788353446 Lucy.fieldhouse@bristol.gov.uk	Online using ZOOM and Google classroom but may be taught face to face at The Park, Daventry Road, BS4 1DQ
ESOL for Beginners	10am to 12noon	21/04/21 Wednesdays	10	Julie St Jean Dick 07469 413348 Julie.st.jean.dick@bristol.gov.uk	Online using ZOOM calls and Google classroom
English for Living in the UK For people who are Entry 2 level English or above and are keen to develop/use online learning skills. Not exam focussed.	10am to 12 noon	22/04/21 Thursdays	12	Julie St Jean Dick 07469 413348 Julie.st.jean.dick@bristol.gov.uk	Online using ITS Learning and ZOOM video calls

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ESOL Advanced For Entry level 3 learners and above	9.30am to 11.30am	23/04/21 Fridays	10	Julie St Jean Dick 07469 413348 Julie.st.jean.dick@bristol.gov.uk	Online using ZOOM calls and Google classroom For Entry level 3 learners and above
Brush up your maths Improve your maths skills, gain confidence and work towards gaining a qualification.	10am to 12noon	23/04/21 Fridays	6 but can be extended	Helen Richards Helen.richards@bristol.gov.uk 07760990855	Online using ZOOM and Google classroom. Possible face to face TBC
ESOL for Employment Level TBC	10am to 12noon	27/04/21 Tuesdays	10	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Online using email and ZOOM.
*Make Words Work This course will encourage learners to write for pleasure and support them to improve their written skills.	2pm to 4pm	27/04/21 Tuesdays	9	Phone 0117 9739744 or Email information@youtheducationservice.org.uk	Face to Face YES, Unit 3 Hide Market West Street Bristol , BS2 OBH
*Make Numbers Work For adult learners who want to develop their confidence, skills and understanding of maths and how to use it in everyday life in a supportive small group setting.	10am to 12noon	27/04/21 Tuesdays	9	Phone 0117 9739744 or Email information@youtheducationservice.org.uk	Face to Face YES, Unit 3 Hide Market West Street Bristol , BS2 OBH
ESOL for Beginners	10am to 12noon	28/04/21 Wednesdays	10	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Online using email and ZOOM. Suitable for adults at Pre-Entry and Entry Level 1 English.
Get better at Reading Build your reading and comprehension skills to help you with tests/exams or everyday life.	12.45pm to 2.45pm	08/06/21 Tuesdays	5	Lucy Fieldhouse 07788353446 Lucy.fieldhouse@bristol.gov.uk	Online using ZOOM and Google classroom but may be taught face to face at The Park, Daventry Road, BS4 1DQ
ESOL – Literacy for Health and Wellbeing	TBC	Coming soon, summer term	10	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Online Suits Entry Level 1 to Level 1

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Parenting and Family Learning					
Bring The Gruffalo to Life! Support your child's love of books, using games, cooking and crafts etc. An after-school club for you and the children together, join in the fun!	4.30pm to 6pm	Tuesdays, start date TBC	7	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Online using ZOOM and email. Suits adults at Entry level 3 English and above, children of nursery age upwards.
Intro to Playing Outdoors Get the most out of outdoor play-a great way to learn and have fun! Practical support and ideas on how to play outdoors with your children and use nature safely.	1pm to 3pm	23/06/21 Mondays	4	Suzanne Gaffney 07887451776 suzanne.gaffney@bristol.gov.uk	Venue TBC Suits adults at English Entry Level 3 and above.
The 99 Club New after school club for all the family focusing on times tables	After school Time TBC	TBC		Helen Richards 07760990855 Helen.richards@bristol.gov.uk	
Love Learning about Money Workshops coming up where you can help your child learn about money. Free online resources, fun games and activities.	TBC	Coming soon		Lucy Fieldhouse 07788353446 Lucy.fieldhouse@bristol.gov.uk	

We are working hard to develop a wide range of online courses and so please call us if you do not see a course you are looking for, it might be that we will be offering it soon.

* These courses are delivered on behalf of Community Learning West by commissioned partners.

Check our website www.communitylearningwest.net

Check our Facebook page <https://www.facebook.com/BristolCommunityLearning/>