

CONVERSATIONS ABOUT WEIGHT IN HEALTH, CARE AND THE COMMUNITY

HAVE YOUR SAY



Join a small, friendly group conversation about how weight is talked about and experienced in health and care.

You can take part if you are aged 18+ and have personal experience of conversations about weight in health, care or community settings.

Get involved or find out more

Scan the QR code and fill out our short form.



Want more information?

Email: info@thecareforum.org.uk

If you need information in a different format or have any access needs, please let us know.

Why take part?

By sharing your experiences, you can help shape:

- ✓ How health and care staff talk about weight
- ✓ How services can work with people more respectfully
- ✓ Future training and guidance for health and care professionals

Focus group details

Date: Monday 1 June 2026

Time: 1:30pm - 3pm

Location: Kingswood - get in touch for details.

Receive a £20 voucher for your time!