



# Community Support at Home News and events September 2016

## Tea and Talk **Afternoon Tea at Buzz Cafe**

**Tuesday 6th 2pm - 4pm**

Come along and enjoy an Afternoon Tea in the Buzz



Café with plenty of food to choose from including home made cakes, speciality teas and delicious coffees. Some transport available if you book in advance.



## Trip **Slimbridge £12**

**Friday 23rd 10am - 5pm**



From birdwatchers to families there is plenty to discover all year round. Enjoy amazing wildlife up-close. With experiences to suit all ages offering access to a huge variety of wildlife, it is no surprise we are an award-winning day out! Visitors will be able to enjoy the trail of eleven individually-designed 1.5m LEGO brick animals with the sculptures sitting among some of their real-life cousins.



To book your place or find out more, call Janie on 01179515751

## Basic Skills IT Course

Free 8 week course

Starts Thursday 6th October  
2 - 4.30pm at The Langley Centre.

Come along and learn how to use a computer, set up and email address, browse the internet and much more!

Places must be booked in advance.

Call Janie on 0117 9515751 for more information.



## Coming Up October

### Tea and Talk

Thursday 6th

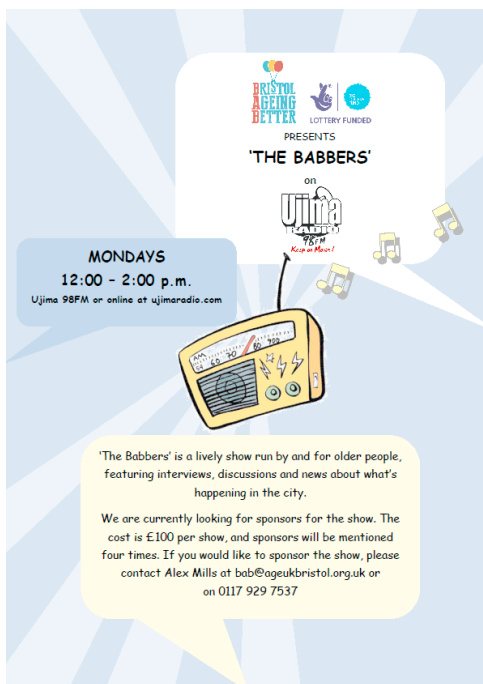
Pamper session @ the Hub

### Trip

Tuesday 18th

Wyevale Garden Centre

Thornbury £5



BRISTOL BEING BETTER  
LOTTERY FUNDED  
PRESENTS  
**'THE BABBERS'**  
on  
**Ujima 98FM**  
MONDAYS  
12:00 - 2:00 p.m.  
Ujima 98FM or online at [ujimaradio.com](http://ujimaradio.com)

'The Babbers' is a lively show run by and for older people, featuring interviews, discussions and news about what's happening in the city.

We are currently looking for sponsors for the show. The cost is £100 per show, and sponsors will be mentioned four times. If you would like to sponsor the show, please contact Alex Mills at [bab@ageukbristol.org.uk](mailto:bab@ageukbristol.org.uk) or on 0117 929 7537

## St Mary's Church Lunch

Tuesday 13th September 12pm

Cooked dinner, pudding and hot drink for £4.50

MONDAY MATINEES  
Join us for a relaxing afternoon  
film and a slice of cake!  
Refreshments 50p — FREE ENTRY



September 12th, 2pm - 4pm

at The Hub, Lockleaze, BS7 9FB.

Call 0117 914 1129 for more information