



# Community Support at Home News and events July 2016

## Trip Weston Super Mare

Tuesday 5th 10am—3pm £5

There is lots to do and see in Weston. Whether you want to walk along the miles of Golden Sands, visit the Grand Pier (£1), wander round Grove Park and Jill Dando Memorial Gardens (designed by the BBC Ground Force team), explore the amazing underwater world at the Sea Aquarium (£8.50) or see the amazing Beach Sand Sculptures (£3.50). We can also meet up for lunch—fish and chips on the pier is just £7.95 or maybe a cream tea for £5.95.



**Limited places so please book with Janie on 0117 9515751**

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## Tea and Talk @ Love Lockleaze Festival

Saturday 23rd 1pm—5pm

This year there will be lots to see and do at the Love Lockleaze Festival. For all you over 55's there will be an area in St Mary's Church to sit down and have some tea and cake - after you have had your face painted and been on the bouncy castle of course! We will also be holding an art exhibition in the church and at 3pm our favourite ukulele band Uke-can-laf will be performing.



To book your place or find out more, call Janie on 01179515751



North Bristol  
Advice Centre

## Local News and Events: July 2016



### Do you receive Pension Credit?

Are you on a low income? Only getting your state pension? You could be entitled to Pension Credit to "top up" your money.

Getting Pension Credit already? Did you know that you may be entitled to discounts on other bills as a result?

Contact Janie and the team on 0117 9515751 and we could help you increase your income in just one visit.



### St Mary's Church

#### Lunch Club

**Tuesday 12th July  
at 12pm**

Come along for a home cooked meal including pudding and a cup of tea for just £4.50. Please note there is no lunch club in August.

## Coming Up - August

**Trip - Thursday 18th**

**Clevedon Court and The Potting Shed Café**

**Tea and talk - Thursday 4th**

**Garden party and Ramblin Tyme at the Langley centre**

## Learner Celebration 2016

We will be celebrating the achievements of everyone who has attended a local training course with us in Lockleaze in the past year.

We would love you to join us!

Wednesday 13th July, 5:30pm-7pm at The Hub, Gainsborough Square.

Please let us know if you're coming

[www.connectlockleaze.com/celebration2016](http://www.connectlockleaze.com/celebration2016)

or by calling Rachel on 0117 909 1749



**Connect  
Lockleaze**

## The Buzz Shop and Cafe Gainsborough Square

**New!** Our café is now serving jacket potatoes as well as a range of soups and smoothies daily, why not pop in for lunch or a coffee and cake with friends. Also look out for our Panini's and toasted sandwiches coming soon. Open Tuesday - Friday 11am - 6pm.



## Monday Matinee

The Hub 11th July 2-4pm

A man forms an unexpected bond with a transient woman living in her van that's parked in his driveway. Written by Alan Bennett, and starring Maggie Smith and Alex Jennings. It tells the true story of Mary Shepherd, an elderly woman who lived in a dilapidated van on Bennett's driveway in London for 15 years.

